



FISU
 WORLD
 UNIVERSITY
 CHAMPIONSHIP
 CYCLING



1ST MAY, 2024

BULLETIN 4



TEC

Tecnológico
 de Costa Rica



WELCOME

On behalf of the International University Sports Federation, it is our pleasure to extend a warm welcome to all participants of the 2024 FISU Cycling Championships in San Carlos, Costa Rica, taking place from 29 May to 2 June. San Carlos, known for its picturesque landscapes and vibrant culture, provides the perfect backdrop for this thrilling event.

This region has a rich history of hosting various international sporting competitions, and the World University Cycling Championships will add to its legacy. From challenging cycling routes to the warm hospitality of the local community, we are confident that this championship will be a memorable experience for all involved.

We anticipate the participation of cycling enthusiasts from numerous nations, creating a diverse and spirited atmosphere. As we embrace the FISU motto of "excellence in mind and body," we look forward to witnessing fair and exhilarating competitions amidst the natural beauty of San Carlos.

Join us for a celebration of athletic excellence, cultural diversity, and the joy of cycling. We can't wait to see you in San Carlos for an unforgettable championship experience!

EVENT INFORMATION

Organisers:

- Federación Universitaria de Deportes, Costa Rica (FedeU)
- Federación Costarricense de Ciclismo (Fecoci)

Host city:

San Carlos, Costa Rica

Organising committee:

- OC President: Mrs. Rosaura Méndez Gamboa
- OC Executive Director: Ms. Sarita Morales
- OC Competition managers: Ms Evelyn Rodrigues & Mr Allan Larios
- FISU EC member: Ms LIU Jin
- FISU CMI member: Dr Tapio Kallio
- FISU Technical Committee Chair: Mr Luis Miguel Loureiro
- FISU CIC member: Ms Marisol Pedraza Luevano
- FISU Staff: Paulo Ferreira

Website:

<https://cycling2024.fisu-events.com>

Social media:

- Facebook www.facebook.com/FISUCycling
- Instagram www.instagram.com/FISU.Cycling

MESSAGE FROM THE FISU PRESIDENT

Dear friends,

I am delighted to welcome you to San Carlos, for the 2024 FISU World University Championship Cycling.

Competing at the World University Championships is a career highlight for many university athletes. For others, it is a step up to the next level of performance. What they all have in common is that they meet like-minded people. May these competitions not only serve as a sporting comparison but also as an opportunity for intercultural exchange. This is of particular importance and significance in the challenging times we are all facing.

From this point of view, we are reminded of the need to prioritise sport and healthy social exchange. FISU firmly believes that university athletes are the role models and future leaders the world needs, now more than ever.

Over the following 5 days, you will compete alongside some of the best student-athletes in the world. The FISU World University Championships demand skill, athleticism, and single-minded determination to do your best. But beyond the competition, FISU urges you to take full advantage of this moment. May you return home with memories that will last a lifetime and perhaps even some new friends from faraway places.

None of FISU's events would be possible, meanwhile, without the gracious generosity of our hosts. I want to extend our sincere gratitude to the National University Sports Federation of Costa Rica, the organisers for their dedication and the volunteers for their strong will to serve this event. I am confident you will do the same.

FISU is also grateful for the ongoing support of the International Sports Federations. Together, we aim to provide the highest level of technical excellence on and off the field of play. We remain convinced that the best student-athletes deserve nothing less.

I am confident that the 2024 FISU World University Championship Cycling in San Carlos will give you every opportunity to shine. I wish you the best of luck!

Leonz Eder
FISU President



PROGRAMME

28/05/2024 (Day 0)

- Participants Arrival (Morning)
- Technical Congresses (Afternoon)

29/05/2024 (Day 1)

- Criterium Race (Morning)
- Free training (Afternoon)
- Opening Ceremony (Evening)

30/05/2024 (Day 2)

- Individual Time Trial Race (Morning)
- Road race training (Afternoon)

31/05/2024 (Day 3)

- Road Race (Morning)
- XCE Training Sessions (Afternoon)

01/06/2024 (Day 4)

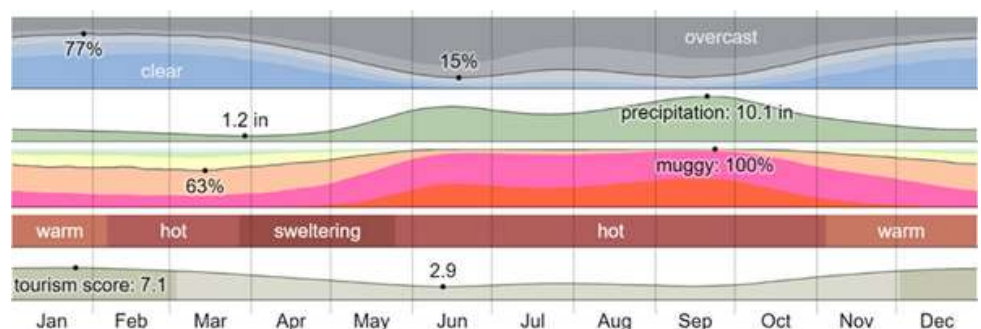
- XCE Race (Morning)
- XCO training sessions (Afternoon)

02/06/2024 (Day 5)

- XCO Race (Morning)
- Closing Ceremony (Afternoon)

CLIMATE

San Carlos has a humid tropical climate. The average temperature in end-May for a typical day ranges from a high of 31°C to a low of 22°C. It can be described as very warm, muggy.



WeatherSpark.com

COMPETITION

The Organising Committee will offer the following disciplines in men's and women's event:

1. Road event
 - Road Race
 - Individual time trial
 - Criterium
2. Mountain bike
 - Cross Country (XCO)
 - Eliminator (XCE)

Each country may enter:

- for road race events, a maximum of six men and six women, and
- for mountain bike events, a maximum of six men and six women.

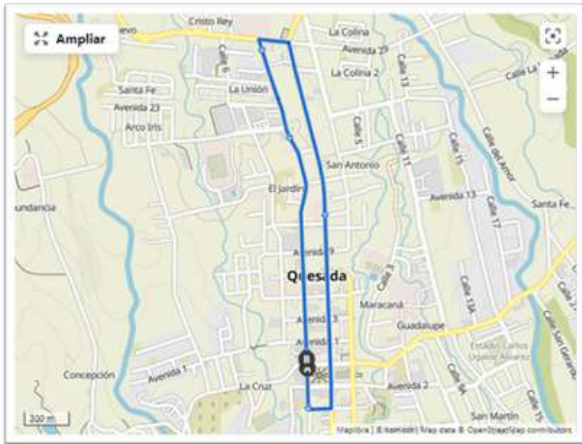
The delegation may include the officials, according to the number of competitors entered:

- Up to nine participants: three officials,
- Up to twenty participants: four officials,
- Over twenty participants: five officials.

At the first General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by CIC. Every cyclist must have a national cycling license that is valid for the year of the Championship and issued by his/her national federation, which shall be affiliated to UCI.

CRITERIUM

DATE	Category, distance	Competition time	Start-Finish
29 May 8:00 am	Female, 3.5 km	35 minutes+1 lap	West side of Ciudad Quesada Park
29 May 9:00 am	Male, 3.5 km	45 minutes+1 lap	West side of Ciudad Quesada Park



TIME TRIAL

DATE

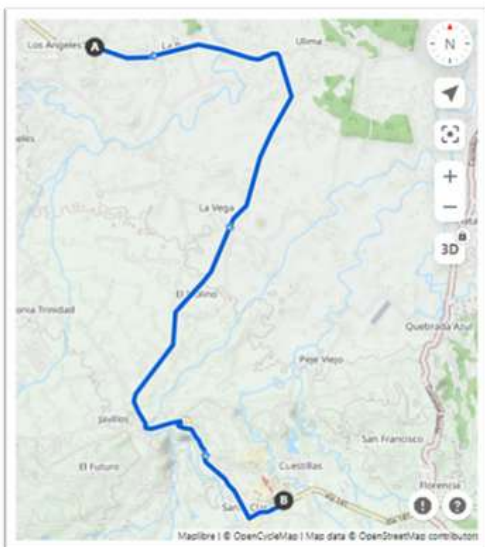
Category,
distance

Start-Finish

30 May
8:00 am

Male, 19 km.
Female, 17 km.

Serv. Los Ángeles-La Perla-La Vega-El Molino-Cruce de Javillos-Santa Clara-TEC Santa Clara.



ROAD RACE

DATE
**Category,
distance**
Start-Finish

 31 May
 8:00 am

Male, 112 km

TEC Santa Clara-Ingenio Quebrada Azul-Cruce de Muelle-Puente elevado Santa Isabel Santa Rita retorno- Cruce de Muelle-Cruce de Monterrey-Los Ángeles-El Molino-Cruce Javillos-TEC Santa Clara.

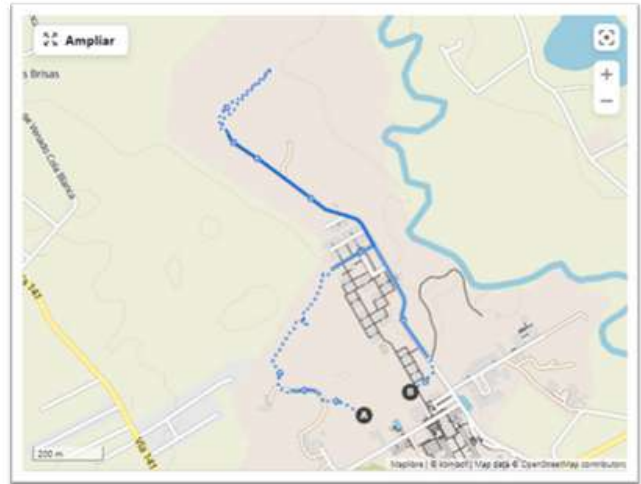
 31 May
 8:20 am

Female, 86 km

TEC Santa Clara-Ingenio Quebrada Azul-Cruce de Muelle-Cruce puente elevado Vuelta Kopper retorno- Cruce de Muelle-San Isidro-Los Ángeles-El Molino-Cruce Javillos-TEC Santa Clara.



XCO



XCE



REGISTRATION

Delegations are required to register online through the FISU OAS – accreditation portal:
<https://accreditation.fisu.net/WUC-CY-09/Pages/Home.aspx>

Entry deadlines:

- General entries.....29 November 2023
- Quantitative entry..... 8 March 2024
- Individual entry.....29 April 2024

Entry fees

- Registration fee..... 20 EUR per person
- Participation fee..... 65 EUR per person per night

The entry fees should be **paid per delegation** to the following bank account:

Bank name: BANCO NACIONAL DE COSTA RICA

Swift code: BNCRCRSJXXX

Bank address: AVENIDA 1 Y 3 CALLE 2 Y 4

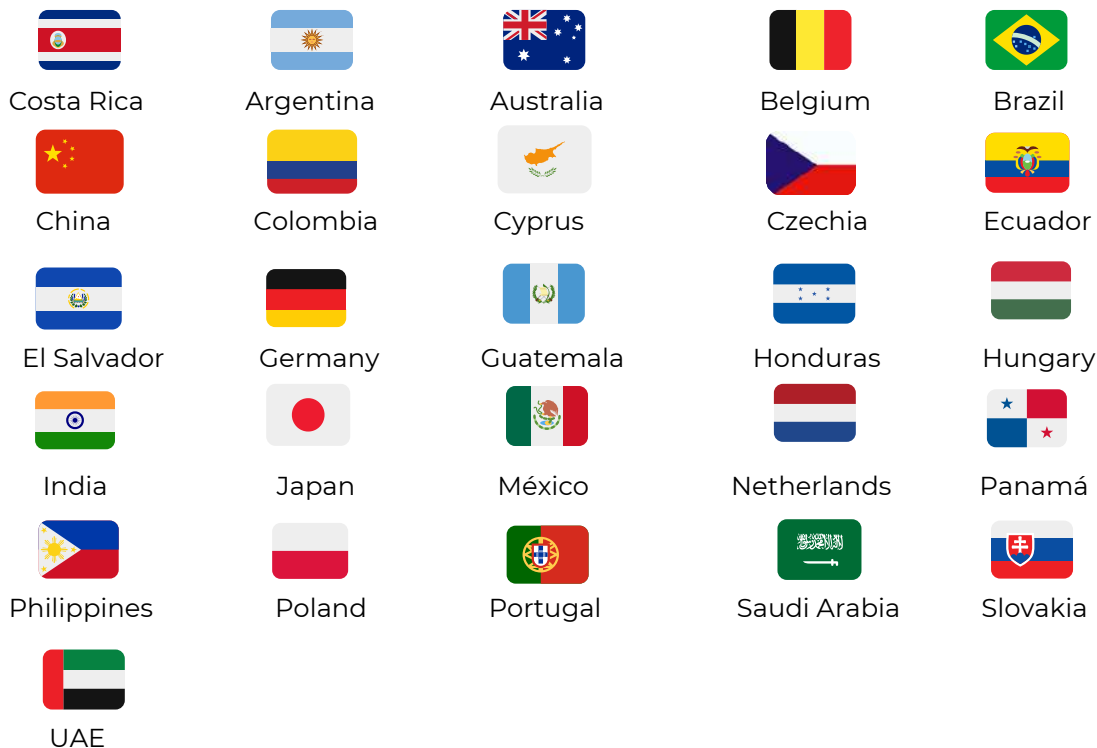
City: SAN JOSE

Country: Costa Rica

IBAN: CR76 0151 0801 0026 0230 51

Registered countries:

On 27 Feb 2024: -26 Countries -136 Athletes -55 Officials -191 Total



LEGAL NOTICES

Insurance

All competitors and staff participate at their own risk. Insurance against accidents and illness is the responsibility of the participants. Changes in program & cancellation of competitions. The organisers can change the program or cancel competitions if the conditions call for such a change. Conditions include extreme weather and matters of public health and safety.

Protection of data

In accordance with protection laws, all participants consent to the possibility of being photographed and filmed during the competitions and on the premises of the 2024 FISU Championship Cycling, as well as being featured on the official social media accounts of the event and FISU.

Competition rules

The most recent UCI competition rules apply for the 2024 FISU Championship Cycling.

Anti-doping

The FISU anti-doping rules apply to the 2024 FISU Championship Cycling.
The UCI anti-doping rules apply to the races.

Transparency

Family members and club mates of participating Costa Rican athletes as well as non-participating athletes of the Costa Rican national team may be involved in the organisation of the 2024 FISU Championship Cycling. We appreciate that this can pose a threat to the fair play the sport relies on. However, Cycling is a sport rooting in respect and without the involvement of these people, we could not offer competitions of the highest quality. Extra care will be taken to make sure all is managed openly and with full transparency



TRAVEL

The countries shall be responsible for their own cost of travel to Aeropuerto Internacional Juan Santamaría (SJO). This is located 2,5h from San Carlos. This is the official point of entry of the Championship.

ACCOMMODATION

The official hotels for the FISU Cycling Championship are:

HOTEL TILAJARI

<https://tilajari.com/en/>



HOTEL AVITA LONGE

<https://tilajari.com/en/>



HOTEL EL VAGO

<https://www.facebook.com/hotelelvago/>



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