

**WORLD UNIVERSITY ROWING CHAMPIONSHIPS
ROTTERDAM (NLD) 4 - 6 JUL 2024**

Provisional Programme
v12 - July 5th 2024

Tuesday 2 jul <i>Arrival day</i>	Wednesday 3 jul <i>Arrival day</i>	Thursday 4 jul	Friday 5 jul	Saturday 6 jul	Sunday 7 jul <i>Departure day</i>
		7:00 Training open	7:00 Training open	7:00 Training open	
		8:00 Jury meeting	8:00 Jury meeting		
	09:00 - 15:30 Venue open for training	RACE for LNS	REPS	FINALS	Start racing NSRF Regatta
		9:30 Mix4x **	9:30 W2-	8:30 Mix4x	8:30
		HEATS	9:35 W4-	8:35 M2-	
		9:35 M1x	9:40 W1x	8:40 M1x FA	
		9:40 M1x	9:45 W1x	8:45 W4-	
		9:45 M1x	9:50 LW2x	8:50 W1x FB	
		9:50 M1x	9:55 M1x	8:55 W1x FA	
		9:55 W1x	10:00 M1x	9:00 M1x FB	
		10:00 W1x	10:05 LM1x	9:05 W2-	
		10:05 W1x	10:10 LM2x	9:10 W2x	
		10:10 W1x	10:15 LW1x	9:15 M4-	
10:00 Technical rehearsal		10:15 M2-	10:20 LW1x	9:20 LM1x	
		10:20 M2-		9:25 LM2x	
		10:25 W2-		9:30 W8+	
	10:30 - 12:00 Practice starts	10:30 W2-		9:35 M2x	
		10:35 W4-	10:35 - 11:35 Venue open for training	9:40 M8+	
		10:40 W4-		9:45 LW1x	
		10:45 LM1x	REPS	9:50 LW2x	
		10:50 LM1x	11:50 W8+		
			11:55 M8+		
		Venue closed for training	12:00 M2x		
			12:05 M2x		
		HEATS	12:10 M4-		
		11:30 LW2x	12:15 W2x		
		11:35 LW2x	13:00 M2-	12:00 - 13:30 Lunch	
		11:40 M4-	SEMI-FINALS		
		11:45 M4-	13:05 M1x		
12:00 Rescue rehearsal		11:50 LW1x	13:10 M1x		
		11:55 LW1x	13:15 W1x		
		12:00 M2x	13:20 W1x		
		12:05 M2x	B/C/D FINALS		
		12:10 LM2x	13:25 LM1x		
		12:15 LM2x	13:30 LM2x		
		12:20 W2x	13:35 LW1x		
		12:25 W2x	13:40 M1x FD		
		12:30 M8+	13:45 M1x FC		
		12:35 M8+	13:50 W1x FD		
		12:40 W8+	13:55 W1x FC		
		12:45 W8+	14:00 LW2x		
	13:30 - 15:00 Practice starts		14:05 W4-		
			14:10 W2-		
			14:15 M2x		
	14:30 - 15:30 Team Man. Meeting & Draw	14:30 - 15:00 TMM	14:20 M4-		
			14:25 W2x		
			14:30 M2-		
	16:30 - 18:00 Opening ceremony				
			15:30 - 16:00 TMM		
	18:00 - 19:00 Jury meeting	18:00 Training closed			
			Argo Sprints		
			14:30 Racing from 1500m - 2000m		
			Venue closed		
			21:30 for training		
					18:30

ENTRIES	
W1x	20
W2x	10
W2-	8
W4-	8
W8+	7
LW1x	12
LW2x	9
M1x	20
M2x	11
M2-	9
M4-	10
M8+	7
LM1x	8
LM2x	8
Mix4x	6

RACING

Note: Teams wishing to 'double up' will have minimal flexibility in the program to allow for these cases.

The ability to race in both Sculling and Sweep categories will not be considered in the program.

Crews are allowed to enter the outgoing pontoons from 45 minutes before the start of their race.

** As per WR Rules, races with 6 entries or less, will have a 'Race for Lanes'.

TRAINING

Opening and closing times as mentioned in the schedule above. NO training on Friday afternoon.

On racing days up to 15 min. before the first start and from 15 min. after the last finish.