



FISU
WORLD
UNIVERSITY
CHAMPIONSHIP
CANOE SPORTS

FISU WORLD UNIVERSITY CHAMPIONSHIPS CANOE SPORTS



MONTEMOR-O-VELHO 2024

Medical Information

21-24 August

**Montemor-o-Velho
2024**



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portugal
university sports



INTRODUCTION

We are very happy to welcome you all to this exciting World University Championship Canoe Sports, that will take place in Montemor-o-Velho.

Montemor-o-Velho is in the Centro region and is served by excellent healthcare infrastructures in the cities nearby, Figueira da Foz and Coimbra, both public and private.

Figueira da Foz District Hospital is a hospital unit with a recognized trauma centre of excellence. In the event of any need for medical support this should be the place to go. Emergency department is open 24 hours, and all medical and surgical specialties (including Internal Medicine, Surgery, Orthopaedics, Neurology or Radiology) are available.

Coimbra University Hospital Centre is the main hospital unit and a recognized trauma centre of excellence. Emergency department is open 24 hours, and all medical and surgical specialties (including Internal Medicine, Surgery, Orthopaedics, Maxillofacial surgery, Neurology, Ophthalmology, Dentistry or Radiology) are available.

Please note that the Head of Delegation must ensure a copy of the health insurance policy on hand all time for presentation at the Hospital.

Access to private hospitals to help the Countries Medical staff in case a non-urgent situation arises (e.g., to perform diagnostic x-ray or ultrasound examination) can also be provided, if that is requested.

Direct contact of the Event Medical Head of delegation is provided in this document, as well as other relevant medical information to assure the safety and welfare of all agents.

We hope that all of you enjoy your stay in Montemor-o-Velho and we wish you all the best luck for the Championship!

Vasco Couceiro

World University Championship Canoe Sports Chief Medical Officer

CONTACTS

Emergency contact: **112**

This is our national emergency number for Police, Firefighters, Ambulance (24 hour on-call medical assistance). In case an emergency arise, ambulance/police can be called dialing the above number. Certainly, you can rely on your Country attachés to assist you.

Hospitals:

- **Figueira da Foz Distrital Hospital**
Phone: +351 233 402 000
Address: Rua do Hospital, 3094-001 Figueira da Foz
GPS: 40° 7' 52" N 8° 51' 35" W (click [here](#))

- **Coimbra University and Hospital Center:**
Phone: +351 239 400 400
Address: Praceta Prof. Mota Pinto, 3000-075 Coimbra
GPS: 40° 13' 13" N 8° 24' 45" W (click [here](#))

World University Championship Canoe Sports Chief Medical Officer:

Dr. Vasco Couceiro

Email: Vasco.md.couceiro@gmail.com Mobile: +351 964894022 (available 24/7)

MEDICAL INFORMATION

Please note that detailed medical information's will be given during the General Technical meeting

The Championship will take place in Montemor-o-Velho at the "High Performance Centre". Emergency plans for the facilities are presented at the end of this document.

TOURNAMENT MEDICAL STAFF



Championship Chief Medical Officer

Dr. Vasco Couceiro

Medical Doctor, postgraduate in sports medicine



Championship physiotherapist

Tiago Rosa

FADU Clinical staff

Immediate Care Country

Figueira da Foz Red Cross

Experienced Country of paramedics trained to attend sports events.

FACILITIES AND MEDICAL SUPPORT AT THE VENUE

For your safety, please be advised that on Competition days and for training days we will have a Medical Doctor, a Physiotherapist, an equipped medical room and resuscitation ambulance present at the venue.

If any assistance is needed, just ask any member of the Medical Country, or contact directly the Chief Medical Officer. Ambulances will automatically transfer any injured athlete to the Emergency Department of Figueira da Foz Hospital Center. Hospital contacts are provided above.

ATHLETE EVACUATION/HOSPITAL MEDICAL ASSISTANCE

In case of injury requiring the transfer of the Athlete to the Hospital, the Championship Doctor will assist the Countries medical staff and the paramedics at the venue.

The Chief Medical Officer is a trained Emergency Doctor, at the venue, a fully equipped Ambulance will be present.

Ambulance will be stationed at the ground and will be capable of providing advanced life support services and spinal evacuation services.

Arriving at the Hospital, the head of delegation must ensure a copy of the health insurance policy on hand all time for presentation at the front desk. Liaison officers will assist you during the process.

Please always keep the emergency plan sheet with you.

Coimbra University and Hospital Center contacts:

Phone: +351 239 400 400

Address: Praceta Prof. Mota Pinto, 3000-075 Coimbra

GPS: 40°13'13"N 8°24'45"W (click [here](#))

Figueira da Foz Distrital Hospital

Phone: +351 233 402 000

Address: Rua do Hospital, 3094-001 Figueira da Foz

GPS: 40° 7' 52" N 8° 51' 35" W (click [here](#))

EMERGENCY ACTION PLAN – HIGH PERFORMANCE SPORTS CENTER OF MONTEMOR-O-VELHO

WORLD UNIVERSITY CHAMPIONSHIPS CANOE SPORTS

Emergency contact: 112

This is our national emergency number for Police, Firefighters, Ambulance (24 hour on-call medical assistance). In case an emergency arise, ambulance/police can be called dialing the above number.

Venue: Centro de Alto Rendimento de Montemor-o-Velho

Championship Chief Medical Officer: Dr. Vasco Couceiro, Contact: +351964894022

Medical Room: there is an equipped Medical Room inside the facilities, next to the locker rooms, in walking distance and direct access from the water (under 1 minute).

Ambulance stationed and with direct access to the water:



Time to hospital: around 10 minutes