



**WORLD
FORUM**
ÖSTERSUND 2026

24-28 AUGUST



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FISU partner



OC partners



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Leonz Eder

FISU President

Today's students, tomorrow's leaders

Many of the officials who now work in various roles for their NUSF or for FISU in commissions, or who work as employees at FISU headquarters in Lausanne, first came into contact with FISU as students at a FISU World Forum. Not only did they take advantage of the opportunity for intensive exchanges with other students from all over the world, but they also got to know many officials from different NUSFs and from FISU. This paved the way for their future activities at the national, continental, and even global levels.

What does the Forum offer to officials? They are given a wonderful opportunity to hear the voices of students in direct dialogue, to reflect on them, and to incorporate them into their own considerations. The FISU World Forum is also the perfect place to exchange ideas and share best practices among NUSFs and also together with representatives of the academic world and of course with FISU.

The Forum is not just an educational event; it is a generational project that aims to help reflect on one's own positions. Let us once again give young and older participants the chance to express themselves, network, and learn from each other in a constructive, open dialogue. In this way, we contribute to the further development of FISU in all its facets.



Verena Burk

*FISU Vice-President & Education
Committee Chair*

Dear friends,

As chair of the FISU Education Committee, I am pleased to join the organising committee in inviting you to attend FISU's flagship educational event, to be held in Östersund, Sweden, in August 2026.

The FISU World Forum is a unique event and a global meeting place, providing our member federations with the opportunity to come together and share news and views. It provides a valuable opportunity for university sports leaders, educators, students, experts, and FISU partners to discuss innovative ideas on important issues and trends in university sports development. As well as providing an opportunity to exchange best practice, the event offers those aspiring to become leaders in sport or other fields the chance to network with experienced leaders.

This year's Forum main theme reflects the specific role of universities in supporting an active lifestyle and the physical and mental well-being of their members, particularly students. The three subthemes of the FISU World are at the heart of universities and the university sports movement today and in the future.

This event will once again demonstrate FISU's commitment to education, as well as to students and officials from around the world, and enable us to benefit from their contributions to our organisation.

I look forward to seeing many of you in Östersund, Sweden.





Anders Fällström

Vice Chancellor
Mid Sweden University

Dear participants and friends

On behalf of my colleagues, our students, researchers and cooperation partners it is an honour, as Vice-Chancellor, to welcome you all to Mid Sweden University.

Being a global university with a regional commitment we strive to bring influences from around the world to our campuses and neighbourhood, as well as to supply the local and global community with new knowledge based on internationally recognized research that is being conducted here. We aim for FISU World Forum 2026 to be held in that spirit of sharing with each other.

When you participate in this summer's forum at Campus Östersund you will hopefully have time to discuss important topics with students and researchers at ETOUR, the Swedish Winter Sports Research Center, the Sports Tech Research Center, as well as our Risk and Crisis Research Center.

You will discover that Mid Sweden University is strongly associated with sports and outdoor activities and offers a unique environment for students who want to combine academic studies with elite pursuits.

And finally, I hope that you'll find the atmosphere, the surroundings and the people as friendly and welcoming as I have during my nine years as Vice-Chancellor.



Matthias Remund

Secretary General & CEO
International University Sports Federation

Dear Participants,

This year's Forum addresses key themes that are central to the future of university sport: the impact of sport on student wellbeing, dual career development, inclusive and well-governed university sport events, and the broader connection between active bodies and healthy minds.

We are also particularly proud that, for the first time, universities from the FISU Healthy Campus Programme are officially represented at the Forum. Their presence marks an important milestone and reinforces one of the Forum's core priorities: promoting wellbeing, sustainability, and excellence within university environments worldwide.

The FISU World Forum has always been a platform for dialogue. In a rapidly changing world, this exchange is not only valuable, but indispensable. Looking ahead, our ambition is clear: to elevate the FISU World Forum into a global exchange hub that unites sport, education, politics, and business around the future of universities and university sports. This strategic vision, positions the Forum as a key platform for shaping policy, fostering innovation, and strengthening global cooperation between all the stakeholders.

The future begins here in Östersund. Together, let us advance university sport with clarity of vision, strategic purpose, and collective leadership.

I wish you an inspiring and successful Forum.



Lovisa Broms

President of the Organizing
Committee of the FISU World
Forum 2026

Dear friends,

As President of the Organizing Committee of the FISU World Forum 2026 and Chair of the International Committee of the Swedish University Sport Federation, it is my great pleasure to welcome you to Östersund.

We are excited to host you here in northern Sweden for a week filled with learning, exchange, and memorable experiences. Östersund, known for its active spirit and strong university sport culture, offers an energetic backdrop for this year's theme: Active Body, Healthy Mind: How Impactful Sport Can Be at Universities.

Throughout the week, you will have the chance to dive into new ideas, exchange experiences, and reflect on how we can build healthier campuses, more inclusive sport events, and stronger support for students pursuing both academic and athletic excellence. I hope the conversations, activities, and shared moments, both in the conference rooms and out in the beautiful surroundings, will spark curiosity, creativity, and new connections.

Welcome to the FISU World Forum 2026. Our wish is that you leave Östersund full of energy, inspired by what you have learned and by the people you have met.



Stefan Bergh

Honorary President
Swedish University Sports Federation

Welcome to Östersund and the FISU World Forum 2026!

It is with great satisfaction, as Honorary President of the Swedish University Sports Federation, I welcome you to participate in this event. As a former long-standing member of the FISU Executive Committee, I know that the FISU World Forum is an important part of the federation's activities. It serves as a fruitful meeting place for students and leaders within university sports. Through the sessions held, new shared knowledge is created, and participants return home with valuable experiences that can be translated into the development of activities within their clubs/associations or federations.

Östersund is a beautiful city with a very vibrant university sports community. It is a pleasure for the Swedish University Sports Federation to prepare the FISU World Forum 2026 together with Mid Sweden University and the Municipality of Östersund. In my role, as a member of the Organising Committee, I will do my utmost to contribute to a positive and memorable experience for all participants.

Once again, welcome to Östersund!



Rosi Hoffer

Deputy Mayor
City of Östersund

Dear participants, dear friends,

On behalf of the City of Östersund, I am thrilled to welcome you to Sweden, to Jämtland, and to our beautiful hometown for the FISU World Forum 2026.

We are honoured to co-host this great event together with Mid Sweden University, SAIF, Region Jämtland Härjedalen and FISU.

For five days, Östersund will become a vibrant meeting place for students, university staff, researchers and sports leaders from around the world – all united by a shared passion for sport, education and international exchange.

Welcoming young people from across the globe to share ideas, compete, reflect and grow is both a great privilege and a natural step in our continued journey as a forward-thinking and welcoming city.

Sport is a powerful force. It builds bridges, challenges injustice and inspires change. It speaks a language we all understand – a language I very much look forward to hearing in the streets of Östersund this August.

We are proud to be an experienced host of major events, with a rich history in winter sports. But this is also something more: a cultural exchange, a learning experience, and a moment to create lifelong memories.

Welcome to Östersund – we promise you a world-class event, full of spirit, heart and hospitality.

Magnus Aspegren

Regional Development Director of
Jämtland Härjedalen



Dear friends,

Welcome to Östersund, a part of Jämtland Härjedalen, Sweden for the FISU World Forum 2026, taking place from August 24–28. This global gathering brings together students, university sports officials, and professionals to explore the future of university sport and the role of physical activity in student life.

This year's theme, *“Active Body, Healthy Mind: How Impactful Sport can be at Universities,”* highlights how sport can foster wellbeing, excellence, inclusivity, and support dual careers for student-athletes. Through lectures, workshops, and interactive projects, participants will share experiences, build networks, and discover new ways to strengthen university sports worldwide.

We are proud to host you in Östersund, part of the region of Jämtland Härjedalen and to welcome you on behalf of the region. We look forward to five inspiring days of learning, connection, and cultural exchange in Sweden's winter sports capital.

Welcome to Sweden, to Östersund, and to FISU World Forum 2026! From the region of Jämtland Härjedalen, we are delighted to host you!



INTERNATIONAL
UNIVERSITY
SPORTS
FEDERATION

Since its founding in 1949, the International University Sports Federation is the key driver to expand the role and reach of university sport around the world. FISU believes that sports values and sports practice work in perfect synchronicity within one's university studies.

FISU offers opportunity and inspiration to students around the world to play sport. The health, wellbeing, and experiences that students gain from sport help them become active members in our global society.

In keeping with this adage, FISU organises world-class sports and educational events, all with the mission of providing university students with the opportunities to connect and exchange with students from around the world, in a collaborative and competitive environment.



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Mid Sweden University – Education, Research and Elite Sports

Mid Sweden University is a modern and innovative institution located in the heart of Sweden, offering high-quality education and cutting-edge research in an inspiring environment. With campuses in Östersund and Sundsvall, the university is strongly connected to sports and outdoor life. As a Swedish National Sports University, it provides a unique environment for students who want to combine academic studies with athletic ambitions.

The university is internationally recognized for its sports science research, focusing on areas such as sports technology, physiology, biomechanics, and sustainable development in sports. This research supports elite performance and contributes to public health as well as the development of the global sports industry.

A cornerstone of Mid Sweden University's mission is supporting dual careers. We understand the unique challenges faced by elite athletes striving to balance education with top-level competition. Therefore, we offer flexible study options, personalized academic support, and tailored programs, ensuring that athletes can prepare for life beyond their sporting careers while continuing to perform at the highest level.

With approximately 3,000 students at Campus Östersund, a close and collaborative learning environment is created. Whether you are an athlete, a student passionate about sports, or a researcher aiming to push the boundaries of knowledge, Mid Sweden University provides an environment where education, innovation, and athletic excellence go hand in hand.

Swedish University Sports Federation (SAIF)

The Swedish University Sports Federation (SAIF) is the national governing body for university sports in Sweden. It serves as the umbrella organization supporting and coordinating sports activities within higher education institutions across the country.

SAIF is a member of the Swedish Sports Confederation and represents Swedish university sport internationally through its membership in the International University Sports Federation (FISU) and the European University Sports Association (EUSA). As the sole national organization dedicated to academic sport, SAIF plays a key role in promoting student participation, international exchange, and the development of sustainable university sport structures.

The mission of SAIF is to encourage students to combine academic studies with sports in a balanced and meaningful way, while providing opportunities to compete at the highest academic level. Through sport, SAIF aims to contribute to student well-being, leadership development, and international cooperation within the global university sports community.





Sweden – A Country Shaped by Nature, Knowledge and Sport

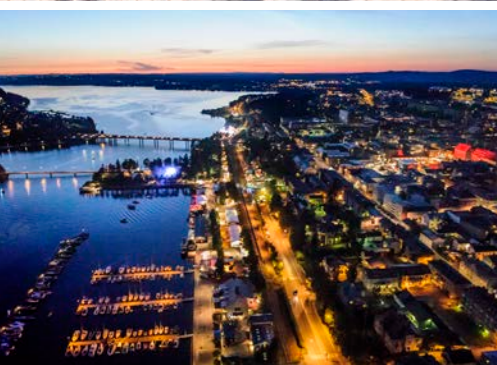
SWEDEN IS A Northern European country with a long history and a strong tradition of education and innovation. With a population of just over 10 million, Sweden offers a combination of open landscapes, cultural heritage, and modern life.

From historic towns to contemporary design, music, and technology, Swedish culture reflects creativity and openness. Nature is an important part of everyday life, with forests, lakes, and mountain areas shaping both lifestyle and identity. Seasonal contrasts, from long summer days to snow-covered winters, are a defining feature of the country.

Sweden has a well-established sporting culture built on accessibility and participation. Despite its size, the country has produced successful athletes across many disciplines, particularly in winter sports, athletics, and football. Sport is closely connected to education and personal development.

Sweden's natural landscapes, cultural life, and sporting traditions combine to create a distinctive and memorable destination.





Östersund

Set between Lake Storsjön and the surrounding mountains, Östersund is a compact city where everyday life takes place close to nature. The city centre offers short distances between meeting places, cultural venues, and outdoor environments. During summer, walking, cycling, paddling, and day trips to the mountains are all easily accessible from the city.

Östersund has a strong tradition of hosting international sports events, including the Biathlon World Cup and the Ski World Cup, and regularly welcomes visitors from around the world.

Cultural life is centred in the city. At Jamtli Museum, history and contemporary perspectives meet. Östersund is also a UNESCO Creative City of Gastronomy, reflecting a food culture rooted in regional ingredients and small-scale production.

Östersund is located in Saepmie, the traditional homeland of the Sámi people. Known as Staare in Sámi, the city has long been a regional meeting place.

With the lake and mountains as a constant presence, Östersund blends natural beauty with cultural and sporting life.

FISU World Forum Main Theme

Active Body, Healthy Mind: How Impactful Sport Can Be at Universities

Subthemes-Themes

1. Healthy Campus – the Key for Wellbeing and Excellence
2. University Sport Events: Driving Change Through Inclusivity and Good Governance.
3. Dual Career Friendly Universities

What to Expect

- Inspiring keynote presentations and panel discussions
- Student-driven projects and practical workshops
- Networking with students, academics, and sport leaders
- Cultural and social activities in the unique setting of Östersund



WORLD
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ÖSTERSUND 2026



PROGRAM

22-23 August	Day 1 24 August	Day 2 25 August	Day 3 26 August	Day 4 27 August	Day 5 28 August	29 August
Arrivals	<ul style="list-style-type: none"> Opening Ceremony Healthy Campus FISU Fair Welcome Dinner 	<ul style="list-style-type: none"> Dual Career Team projects Sport program Brännboll 	<ul style="list-style-type: none"> Team projects Sport program Biathlon Cultural program 	<ul style="list-style-type: none"> University Sport Events Team projects Farewell dinner 	<ul style="list-style-type: none"> Team projects presentations Closing Ceremony Departures 	Departures



CONDITIONS OF PARTICIPATION

- Delegations from participating countries will be composed of a maximum of five (5) representatives:
- Three (3) students (male and female)
- Two (2) National University Sports Federation (NUSF) officials
- Please note that you are responsible for insurance coverage.

FINANCIAL CONDITIONS

- The participation fee is EUR 70 per person, per day.
- If a NUSF or CUSF delegation brings more than two (2) officials, it shall pay a participation fee of EUR 230 (€ 230) per day per each extra official.
- All entries must be submitted via the FISU online registration system at **FISU GMS PLATFORM**
- Payment instructions will be sent via email
- A 25% deposit by 23.5.2026.
- The remaining 75% shall be paid in full at least ten (10) days before the start of the Forum.

IMPORTANT DATES:

- The Östersund FISU World Forum will take place from 24-28 August 2026.
- Participants can arrive up to 48 hours before the event (August 22) and stay up to 36 hours after the closing ceremony (29 August). Please note that the program allows arrivals on August 24 (before 10:00 AM) and departures on August 28 (from 2:00 PM onwards)



REGISTER NOW!





OFFICIAL SPORTS

Biathlon

Biathlon combines focus, precision, and physical activity. At the Swedish National Biathlon Arena, participants will experience the sport in a summer format, trying the shooting discipline in a safe and structured setting. After some practice, the session concludes with a fun group relay — feel the excitement as you focus under pressure, with teammates cheering you on and competitors shooting right beside you.

Brännboll

Brännboll, a traditional Scandinavian bat-and-ball game widely played within Swedish universities. The simple rules and social nature make it accessible to participants of all sporting backgrounds, creating a natural meeting point for students from different cultures to connect through play.



FISU WORLD FORUM FAIR

The Östersund 2026 FISU World Fair is your chance to be a global cultural ambassador. Share the traditions and stories that make your country unique with a diverse audience of fellow students. Think about how to bring your culture to life, with a traditional dance, a social game, through a performance or an interactive activity? Consider small keepsakes or materials to help visitors remember your country.





VISA AND ENTRY REQUIREMENTS

- Entry depends on nationality: some visitors need a Schengen visa, while others may travel visa-free for short stays (up to 90 days).
- Passports must be valid for at least three months after leaving the Schengen area and issued within the last 10 years.
- Participants who require a visa are strongly advised to apply as early as possible. The Organising Committee can provide official invitation letters once individual entry opens on 24 May. To allow sufficient time for preparing invitation letters, participants requiring a visa are kindly asked to submit the necessary visa information shortly after individual entry opens.
- Travel insurance is required for visa applications and recommended for all visitors.
- Visa decisions are made by the relevant embassies or consulates and cannot be guaranteed by the Organising Committee.
- Check full details at: **Swedish Migration Agency – Visiting Sweden**

TRANSPORT

Pick-up points in Östersund

All participants of the Forum will have guaranteed transportation from the official entry points Åre Östersund Airport and Östersund Central Station (Train station).

By plane

Östersund Airport (Åre Östersund Airport) is served by domestic flights from Stockholm. International participants are advised to travel via Stockholm or Trondheim, both offering frequent international connections. From Stockholm, onward travel to Östersund is available by domestic flight, train or by car. From Trondheim, Östersund can be reached by train or car.

By train

Östersund Central Station is well connected to Stockholm and other major cities in Sweden and Norway, offering a comfortable and scenic journey through central Scandinavia.

By car

Östersund is accessible by car via well-maintained national roads. Secured parking will be available near the accommodation.





ACCOMMODATION

Östersunds Camping and Hotel Scandic Syd offer relaxed and welcoming places to stay. Both are surrounded by nature and located close to Lake Storsjön, perfect for a refreshing swim or a peaceful lakeside moment.

Here you can enjoy beach volleyball, football, mini-golf, and plenty of space to socialise outdoors. Nearby trails are ideal for jogging or a scenic walk, while picnic areas provide a perfect spot to relax with friends.

During the FISU World Forum, shuttle buses will run between the main accommodation and campus. It is also possible to enjoy a 30-minute walk or a refreshing run along the lake to reach the campus and forum venue. Alongside the main accommodation, additional hotels in Östersund city center have been reserved for the forum.

HOST COUNTRY SWEDEN



Official language: Swedish

Population: 10 592 700

Capital City: Stockholm

Currency: Swedish Krona (SEK)

Electricity:

Power sockets – Type C and Type F (Schuko)

Standard voltage – 230 V

Frequency – 50 Hz

Time zone:

UTC +1 (CET), UTC +2 (CEST during summer)

Calling code: +46

Emergency number: 112 (police, ambulance, fire, available 24/7, English speaking operators)

Average temperatures in Östersund late August


Average daytime temperature: 14–17°C

Average nighttime temperature: 7–10°C

Daylight: Around 14–15 hours of daylight, with noticeably shorter evenings compared to midsummer

Weather: Cool and fresh with early autumn feeling; generally mild days, chilly evenings, and occasional rain showers

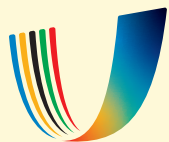
Contact: fisuforum2026@miun.se

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