

Athlete's Guide

Welcome to the FISU World University Triathlon Championships 2026

The entire team at the Nyon Triathlon Organizing Committee is delighted to welcome you to Nyon for the 2026 FISU World University Triathlon Championships.

This guide brings together essential information for athletes, coaches and delegation leaders to help make your stay as smooth as possible, from your arrival to your departure.

Throughout the event, official information, timetables, results and any updates will be available at the information points and on our digital platforms.

Thanks to the commitment of our partners, our volunteers and the entire organizing team, we are doing everything we can to ensure that the 2026 edition is an outstanding event, living up to the values of international university sport.

We wish you a wonderful stay in Nyon and every success in your competitions.

Key dates and schedule

Friday 7 August 2026

- ▶ 08.30: Bike course familiarization
- ▶ 10.00: Swim course familiarization
- ▶ 11.00: Competition venue familiarization
- ▶ 15.30: Registration – UEFA
- ▶ 16.00: General Technical Meeting – UEFA
- ▶ 17.15: Official delegations' photo
- ▶ 18.30: Opening Ceremony

Saturday 8 August 2026

- ▶ 10.30: Start of the women's individual race
- ▶ 12.00: Women's Medal Ceremony
- ▶ 13.30: Start of the Men's individual race
- ▶ 15.00: Men's Medal Ceremony

Sunday 9 August 2026

- ▶ 11.00: Mixed Team Relay
- ▶ 13.00: Mixed Team Relay Medal Ceremony
- ▶ 19.30: Closing Ceremony

FISU World University Championship Triathlon Nyon 2026

Nyon - Switzerland | 8 - 9 August 2026



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Email delegations-wuc2026@trinon.ch | Website triathlon2026.fisu.net

Instagram [fis_u_triathlon](https://www.instagram.com/fisu_triathlon) | Facebook [FISUTriathlon](https://www.facebook.com/FISUTriathlon)

Key contacts

For any questions or requests related to delegations, Leah Bonga and Aurélie Curdy are both members of the Athletes' Delegate Team. They can be contacted by email at delegations-wuc2026@trinyon.ch or by phone (WhatsApp preferred) at +41 77 406 71 32 (Leah) or +41 79 596 00 62 (Aurélie).

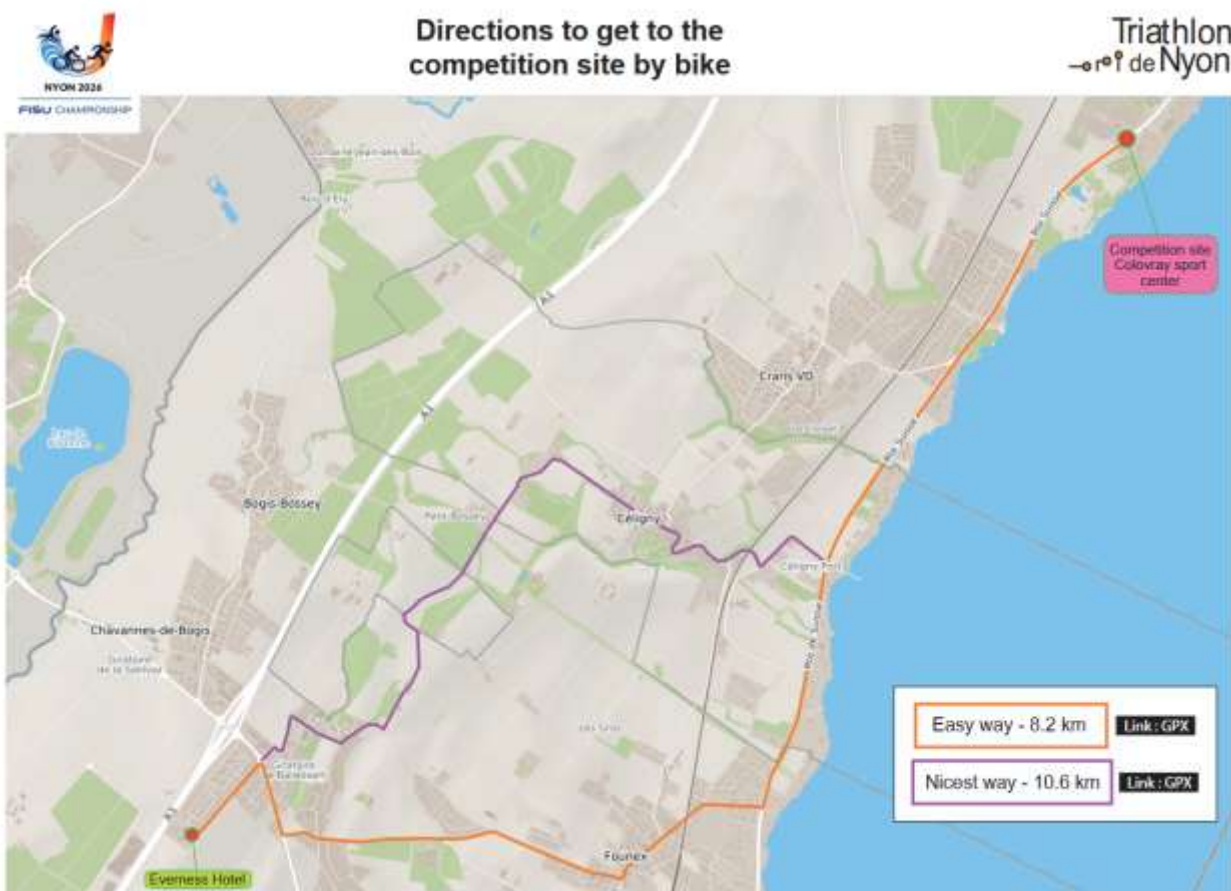
Access to the venue

The event will take place at the Colovray Sports Centre, Route de Genève 37, 1260 Nyon. The swimming pool and Lake Geneva are located nearby; please refer to the venue map for further details.

Below, you will find the recommended cycling routes from the hotel to Colovray:

- ▶ The easy way: 8.2 km [GPX](#)
- ▶ The nicest way: 10.6 km [GPX](#)

Please refer to the corresponding route maps, GPX files and the event website for further details on access by bicycle or car. Shuttle buses will operate between the hotel and Colovray throughout the event.



Accreditation

Accreditations and welcome bags can be collected at the Information Desk at the Everness Hotel during the scheduled opening hours. Delegations should collect them upon arrival, as accreditation is required to access training sessions, the meals, and shuttle services.

- ▶ Wednesday 5 August: 08.00 - 13.30 and 15.30 - 21.00
- ▶ Thursday 6 August: 08.00 - 12.00 and 13.30 - 21.00
- ▶ Friday 7 August: 06.30 - 08.00

It is not possible to collect accreditation on behalf of another participant. Accreditations will only be issued once the registration and accommodation fees have been paid in full.

Each athlete will also receive a personalized welcome bag containing event souvenirs, as well as various gifts provided by our sponsors and the Organizing Committee.

Race packet

Race packets including helmet and bike stickers and body decals will be distributed on Friday after the General Technical Meeting.

Timing chips and swim caps will be distributed in the Athletes lounge on race day.

Bike storage

Bikes can be stored at the hotel on the dedicated bike racks provided for this purpose until Friday morning. Bikes are not permitted inside hotel rooms unless they are fully dismantled and packed in a transport bag or bike case, in the same way as regular luggage.

Following Friday's official familiarizations, bikes will be stored securely in the Athlete Zone until the competition begins.

After their event, athletes who have completed all their competitions are invited to cycle back to the hotel to free up the storage spaces. If necessary, a bike transport service may be organized by the Organizing Committee.

Athletes who will not return to the competition venue after their race and who wish to protect their bikes during the return transport should leave their bike covers, bags or protective cases in the dedicated storage area at the Everness Hotel before departure.

These items should preferably be handed to the Head Coach or Head of Delegation, who will bring them to the venue by bus on Friday morning. Otherwise, bikes will be transported without any specific protection.

No equipment may be left there once the competition ends on Sunday. Athletes must collect their bikes and personal belongings before leaving the venue.

Team Wheel Station/Neutral Wheel Station

A dedicated area for teams' spare wheels will be provided (see course map). The team wheels must be clearly marked with the relevant country and handed over to the Technical Officials before the race and collected at the designated location and time, which will be announced during the General Technical Meeting.

The following wheels will be provided by the LOC at the neutral wheel station:

Front wheels

- 3 × 700C Shimano front wheels with 140 mm disc rotors
- 1 × 700C Shimano front wheel with a 160 mm disc rotor
- 1 × 700C Shimano rim-brake front wheel

Rear wheels

- 2 × 700C rear wheels with 12-speed cassettes and 140 mm disc rotors
- 2 × 700C rear wheels with 12-speed cassettes and 160 mm disc rotors

Please note that wheels that are not collected cannot be monitored or stored by the Organizing Committee after the site has closed.

Bike repair service

A mechanical assistance service will be provided by B Cycle at the event site during the Village's opening hours on Saturday and on Sunday. Athletes will be able to have any necessary repairs and adjustments carried out. Any spare parts used will be invoiced directly by the service provider.

Training sessions

All training sessions and competitions will take place at the Colovray Sports Centre, Route de Genève 37, 1260 Nyon.

Official shuttle buses will run between the official hotel and the competition venue. The transport timetable for the following day will be displayed each day in the hotel lobby.

Swimming

The Colovray Sports Centre has a 50-metre Olympic size swimming pool with direct access to Lake Geneva. Lanes will be reserved for delegations according to the following timetable:

- ▶ Wednesday 5 August: 14.00 – 16.30: 1 lane reserved
- ▶ Thursday 6 August 10.00 - 12.00 and 15.00 - 19.00: 2 lanes reserved

Access to the swimming pool is free upon presentation of official accreditation. This accreditation also grants access to the lake for swimming training sessions.

No training in the lake will be permitted on Saturday 8 and Sunday 9 August 2026. However, a warm-up area is available in the lake.

During the rest of the week, training in the lake is permitted only within the designated area and subject to the instructions of the swimming pool staff. The staff reserve the right to temporarily or permanently prohibit access to the lake for safety or operational reasons.

Cycling and running

There are numerous low-traffic roads and running routes near the official hotel and the Colovray Sports Centre, offering ideal conditions for training.

For safety and organizational reasons, it is strictly forbidden to use the official course on Saturday 8 and Sunday 9 August 2026.

Uniform

Athletes must compete in their national uniform or in a uniform approved by their national federation (the family name and country code must be displayed on the front and back). The uniform must also comply with the World Triathlon uniform rules. No neutral uniforms will be provided.

Official course familiarization

An official course familiarization will be held on Friday 7 August 2026 at the Colovray Sports Centre to allow each athlete to familiarize themselves with the courses and the various facilities at the competition venue. Attendance is strongly recommended.

08.30 – 09.30 | Bike course familiarization

A guided familiarization of the bike course will be organized under the supervision of the Organizing Committee, with a support vehicle.

Athletes will cycle from the hotel to the Colovray competition venue, which takes approximately 30 minutes. The GPS route to reach the venue is available on the event website and in the Athletes' Guide; please see the chapter "Access to the Venue." The official bike course familiarization will begin at the transition area.

Heads of Delegation and accompanying persons will leave the hotel by shuttle bus at 08.00 and travel directly to the competition venue.

- ▶ The familiarization ride will start at 08.30 from the WUC transition area
- ▶ Participants must strictly adhere to the safety instructions given by the marshals

09.30 – 10.00 | Equipment checks and bike drop-off

Following the bike course familiarization, athletes must have their equipment checked and stored at the Athlete Zone. Bike storage, for organizational and safety reasons, all athletes are required to store their bikes in the bike storage tent, fitted with the official sticker number provided by the organizers.

10.00 – 11.00 | Swim course familiarization

An official swim course familiarization will be held in Lake Geneva. Safety will be secured by the Organizing Committee, with boats and safety personnel present on the water.

11.00 – 11.30 | Venue familiarization

Athletes will be able to explore the main facilities at the Colovray site (transition area, swim access, running course, Athlete Lounge, finish area, refreshment points and services). Representatives from the Organizing Committee will be on hand to answer their questions and provide the latest information regarding the competitions.

Official ceremonies and events

General Technical Meeting

On Friday 7 August 2026, the official technical briefing will take place at 16.00 at UEFA – Route de Genève 46 in Nyon.

Attendance is mandatory for all athletes and support staff. During this session, key information regarding the competitions, the courses, race procedures and logistical arrangements will be provided to the delegations.

When leaving the hotel for the General Technical Meeting (GTM) at 15.00, delegations must be ready for the full official schedule, including the GTM, the official delegation picture and the Opening Ceremony.

The official delegation picture will take place at the Place du Château in the center of the City of Nyon after the General Technical Meeting. Delegations will then walk directly from Place du Château to the Esplanade des Marronniers for the Opening Ceremony. Athletes and Officials are therefore requested to wear their official attire for the ceremony when leaving the hotel.



Opening Ceremony

The Opening Ceremony will take place at the Esplanade des Marronniers in Nyon at 18.30. The official schedule will include traditional Swiss musical performances, as well as a parade of the participating delegations. A cocktail reception will bring this official launch of the World University Championships to a close.

As the athletes will be competing the following day, several buses will be provided for their return to the hotel. The departure times will be communicated directly at the hotel. An evening meal will also be provided for the athletes at the hotel.

Medal Ceremonies

The medal ceremonies will take place at the end of the competitions, in accordance with the official programme:

- ▶ Saturday 8 August 2026 at 12.00: medal ceremony for the women's individual race;
- ▶ Saturday 8 August 2026 at 15.00: medal ceremony for the men's individual race;
- ▶ Sunday 9 August 2026 at 13.00: medal ceremony for the Mixed Team Relay.

The ceremonies will take place in the Village, at the heart of the competition venue. To create a festive atmosphere and ensure maximum visibility for the athletes, they will be held in the presence of the public and participants in the other popular races organised over the weekend. Be sure to pop along to the Village!

The true heart of the event, the Village brings together numerous exhibitors specialising in sport, triathlon, health and wellbeing. You'll discover the latest innovations as well as a selection of equipment and accessories from the sector's leading brands.

It will also host several food trucks and dining areas, offering a wide variety of meals, snacks and drinks throughout the weekend. Please note that these options are at the participants' own expense. It's the ideal place for athletes, support teams and spectators to get together in a friendly and festive atmosphere.

Meals included for athletes and delegations will be served in the Athlete Zone, according to the schedule provided.

Closing Ceremony

The Closing Ceremony will take place on Sunday 9 August 2026 at 19.30 at the Cantine de Rive, Rue de Rive 9, 1260 Nyon, on the lakeside. Delegations will be welcomed from 18.00 for a drink's reception.

Following the competitions and the medal ceremony, participants, support staff, volunteers and guests will be able to enjoy a convivial evening over a meal and a variety of entertainment. The evening will feature the official Closing Ceremony as well as musical entertainment, providing an ideal setting for the delegations to mingle and socialise. A bar will also be available throughout the evening.

Individual races | Saturday 8 August 2026

Women's individual race

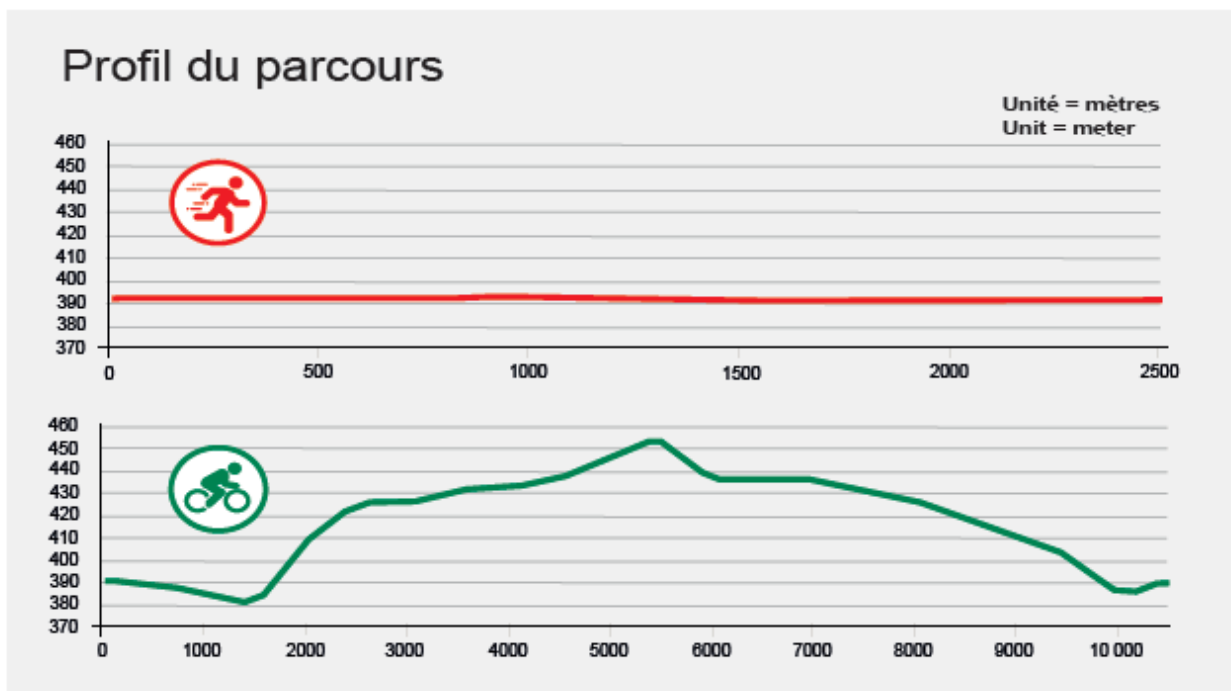
- ▶ 08.30: Athlete Zone opens
- ▶ 09.00: Transition area opens
- ▶ 10.30: Start of the individual race
- ▶ 12.00: Medals ceremony

Men's Individual Race

- ▶ 11.30: Athlete Zone opens
- ▶ 12.00: Transition area opens
- ▶ 13.30: Start of the individual race
- ▶ 15.00: Medals ceremony at the Village



Detailed course profile



Swim 750m – 1 lap

The swim consists of one 750m lap with a water start. Lake Geneva, where the swim takes place, is a freshwater lake. The event takes place in mid-summer in a continental climate. The lake temperature is therefore expected to be around 22°C. Based on the expected water temperature, the use of wetsuits will most likely not be permitted. However, the final decision will be made one hour before the race start.

The route leading from the water exit to the transition area involves a rather gruelling climb. It is entirely covered with carpets.

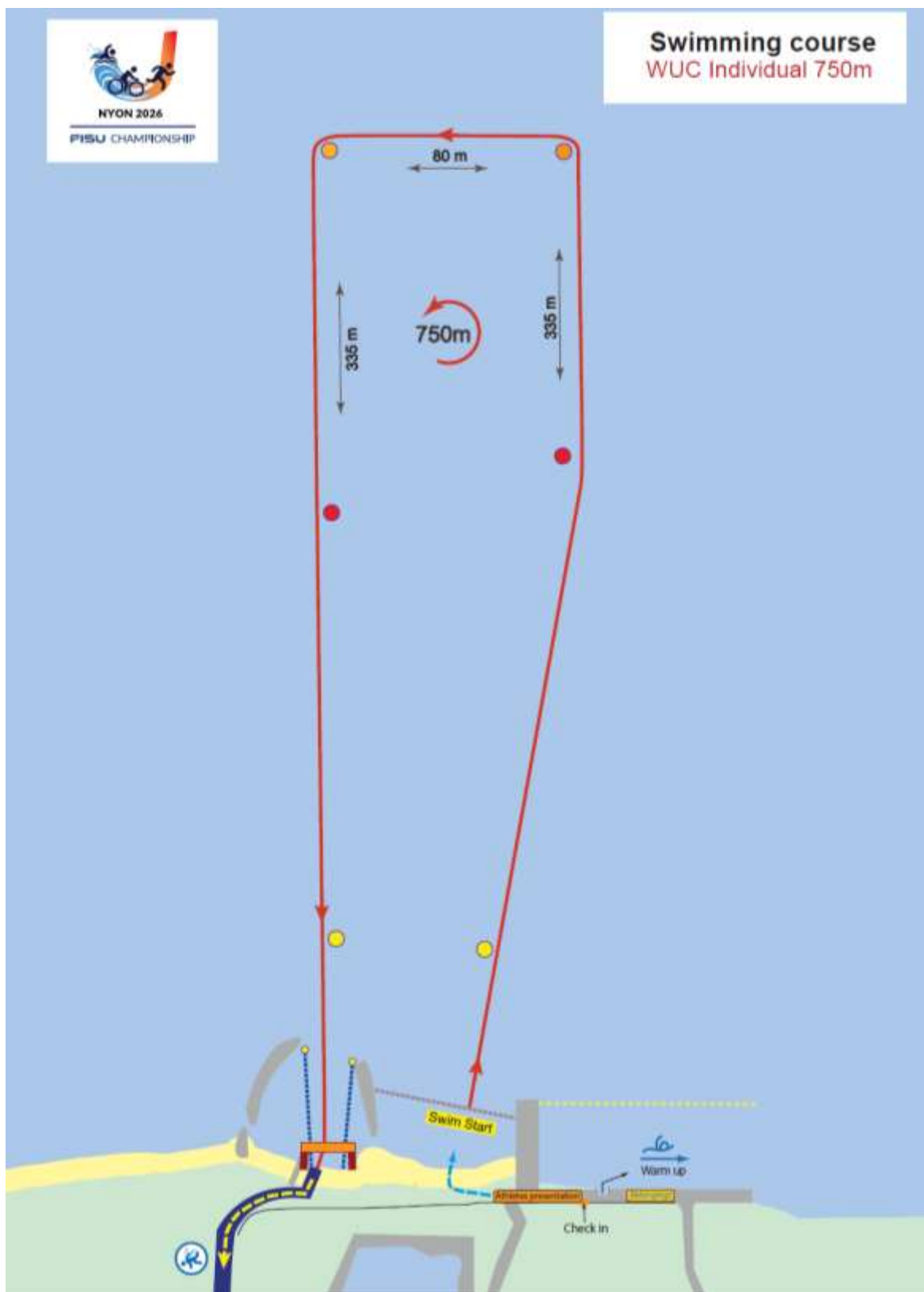


FISU World University Championship Triathlon Nyon 2026

Nyon - Switzerland | 8 - 9 August 2026



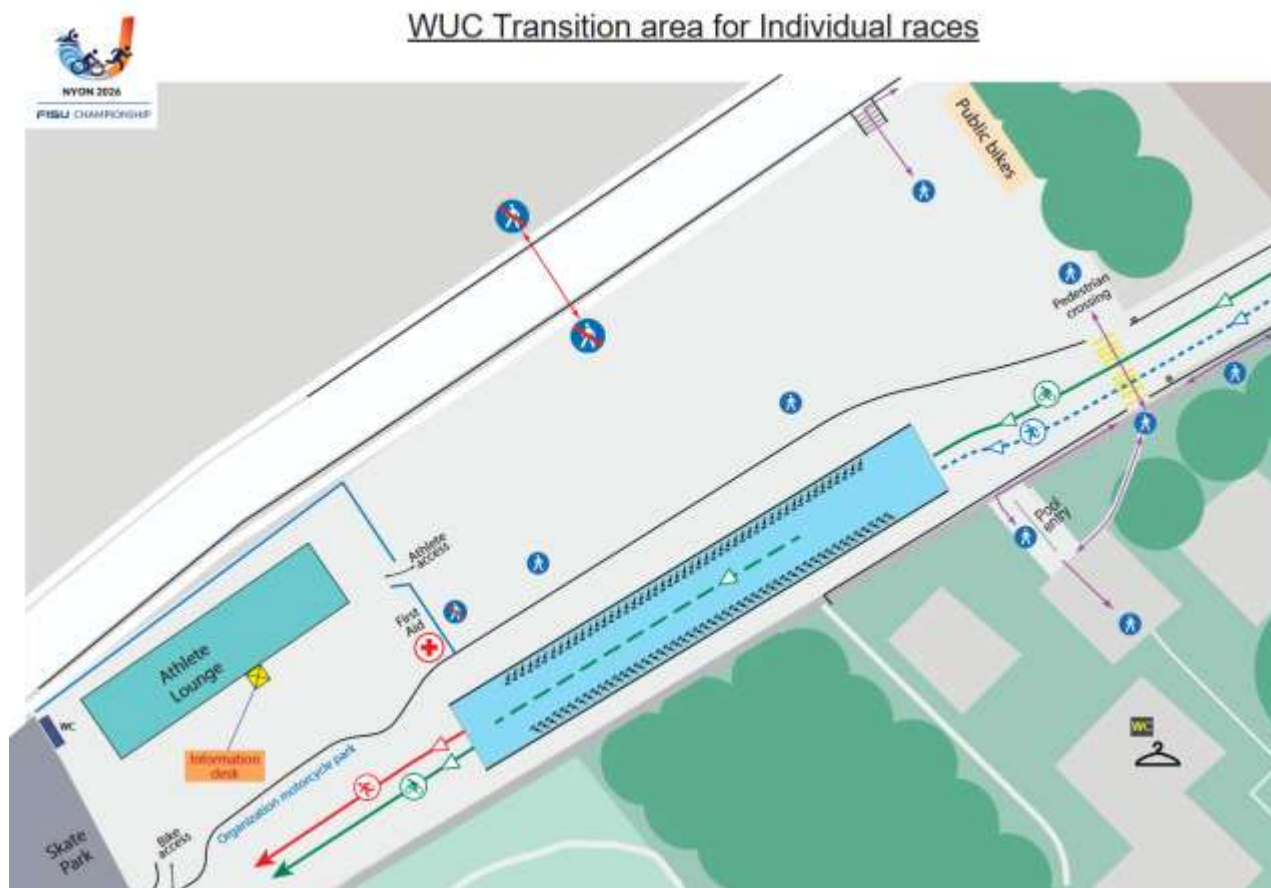
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Instagram [fis_u_triathlon](https://www.instagram.com/fisu_triathlon) | Facebook [FISUTriathlon](https://www.facebook.com/FISUTriathlon)

Transition zone – detailed view



Bike **21 km – 2 laps**

The cycling course consists of two 10.5 km laps, entirely closed to road traffic. It alternates between hilly and technical sections and flatter stretches. A preliminary familiarization of the course is strongly recommended to enable athletes to best adapt their equipment and gear ratios to the specific characteristics of the route.

No aid stations will be available on the bike course. However, a designated Littering Zone will be provided at the location indicated on the course map. Athletes must dispose of all waste within this zone. Littering outside the designated area may result in a penalty in accordance with the competition rules.

Run **5 km – 3 laps**

The run course takes place over 3 laps, all on tarmac roads. An aid station is available at each lap. A Littering Zone, designated for the disposal of waste, is situated near the aid station and is marked on the course map. Athletes are required to dispose of their waste there, in accordance with the competition rules.



Run & transition zone – detailed view

WUC Individual



Mixed Team Relay | Sunday 9 August 2026

- ▶ 08.45: Athlete Zone opens
- ▶ 09.15: Transition area opens
- ▶ 11.00: Start of the Mixed Team Relay
- ▶ 13.00: Medals ceremony in the Village

Mixed Team Relay Event

The Mixed Team Relay event is composed of teams of four athletes: two women and two men. At the 2026 FISU World University Championships, the relay order will be as follows: woman, man, woman, man. Each of them will cover a complete triathlon.

The total time for the team is from the start of the 1st team member to the finish of the 4th athlete. Distances per leg:

- Swim: 250 m
- Bike: 6 km
- Run: 1.8 km (legs A,B,C) and 2 km (leg D)

The relay exchange from one team member to another will take place inside the exchange zone by the lake. A detailed map of the course and the relay exchange zone is shown below.

An aid station will be available in the pre-relay exchange zone.



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Complete race map Team Mixed Relay



Email delegations-wuc2026@trinon.ch | Website triathlon2026.fisu.net

Instagram [fis_u_triathlon](https://www.instagram.com/fisu_triathlon) | Facebook [FISUTriathlon](https://www.facebook.com/FISUTriathlon)

Swim **250m – 1 lap**

The swim takes place in Lake Geneva (freshwater) over a distance of 250 metres. The lake temperature is expected to be around 22°C. Based on the expected water temperature, the use of wetsuits will most likely not be permitted. However, the final decision will be made one hour before the race start.

The swim exit is followed by a relatively challenging climb up to the transition area. The entire route between the swim exit and the transition area is covered with carpet.



Bike **6 km – 3 laps of 2 km**

The bike course consists of three 2 km laps, entirely closed to road traffic. The circuit is generally flat, fast and surfaced with good-quality tarmac, favouring high speeds and frequent accelerations.

No aid stations will be available on the bike course. However, a designated Littering Zone will be provided at the location indicated on the course map. Athletes must dispose of all waste within this zone. Littering outside the designated area may result in a penalty in accordance with the competition rules.

Run **1.8 km (legs A, B, C) – 1 lap & 2 km - 1 lap (leg D)**

The run course follows a fast and relatively flat lap, entirely on tarmac roads and paths.



Run & transition zone – detailed view

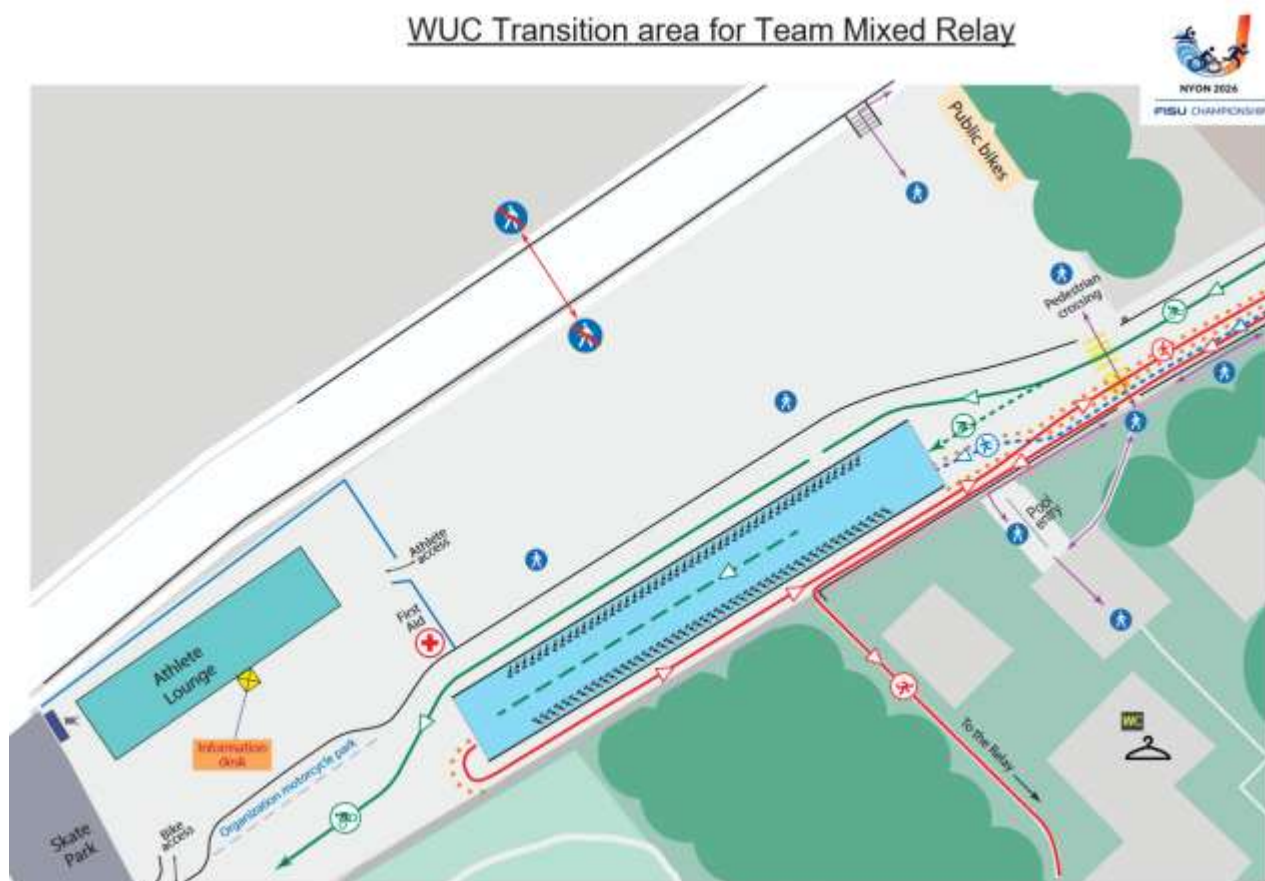
Team Mixed Relay



Mixed Team Relay Finish Area Access

At the end of the Mixed Team Relay, only members of the three teams finishing on the podium may enter the designated finish area to join their final athlete. The access procedure will be explained by the Technical Officials.

Transition zone – detailed view



Results

Results will be published once each competition has ended and been validated by the Head Referee. They will be available on the World Triathlon, WUC Nyon, FISU and Datasport platforms. Links to the results and live tracking will be shared in due course.

Anti-doping

In accordance with FISU rules, testing will be conducted during the event by Swiss Integrity Sport. Athletes are eligible for testing from the moment they are accredited until the moment they check-out from the official hotel.

Competition rules

The competitions are organised and run in accordance with the rules laid down by World Triathlon. In the event of any disagreement regarding the interpretation of the rules, the English text shall prevail.

Further information at www.competition.competition_rules

The “First Runner/Last Biker” scenario applies only to the bike course. The Technical Delegate will explain the procedure in detail during the General Technical Meeting. The race cut-off times will also be confirmed during the meeting.

Appeals and protests

An appeal is a request for a review of a decision made by the Competition Jury or any person appointed by World Triathlon. Details of the procedure and the protest form can be found in Chapter 13 of the World Triathlon Competition Rules’ document via the following link:

https://cms.competition.competition_rules-2026

A protest is lodged to complain about the behaviour of an athlete or a Technical Official, or the conditions under which the competition took place. Details of the procedure can be found in Chapter 12 of the World Triathlon Competition Rules’ document via the following link:

https://cms.competition.competition_rules-2026

Water quality

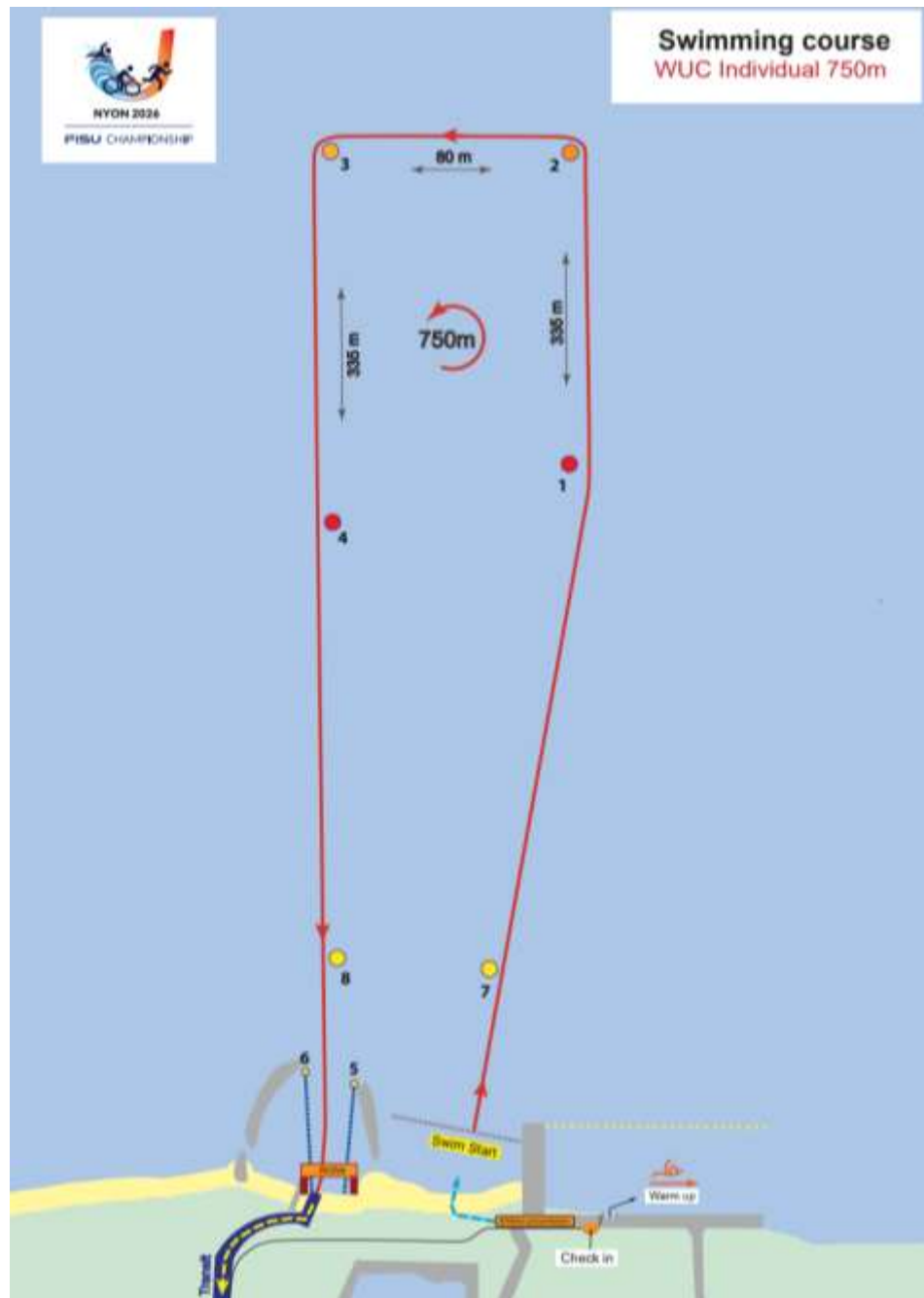
Based on the latest water analysis report, carried out on samples collected on 28 May 2026, the water at the competition site shows good bacteriological quality.

The results for enterococci and *E. coli* were low at all three sampling points, each of which was classified as Quality Class A. The report therefore confirms that the water is of good bacteriological quality and suitable for swimming.

A new water quality analysis will be carried out one week before the event. The updated results will be communicated during the General Technical Meeting.

Results on the 28 May 2026

Sampling point	Temperature	Enterococci	Escherichia coli
Point 7 - Yellow buoy	21.7 °C	30 CFU/100 mL	6 CFU/100 mL
Point 1 - Red buoy	22.0 °C	1 CFU/100 mL	2 CFU/100 mL
Point 3 - Orange buoy	22.2 °C	1 CFU/100 mL	3 CFU/100 mL



Medical assistance

First aid and medical assistance will be available during official training sessions and competition hours. Doctors and paramedical staff will be present on site, along with ambulances, and emergency transfers to hospital can be arranged if necessary. A **medical tent will also be located in the Village** (see below on the venue map and details of the medical assistance available on site.)

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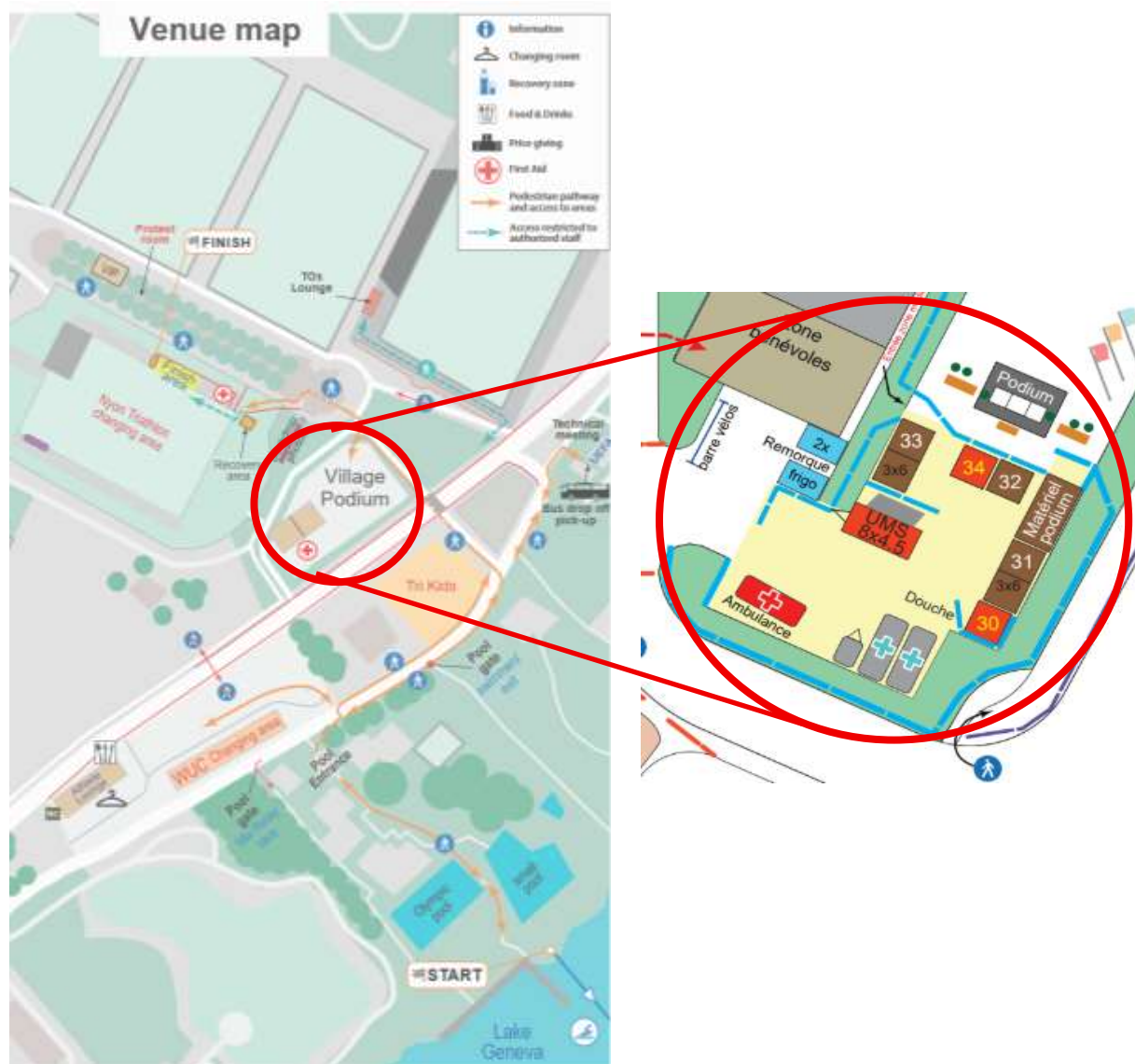


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In Switzerland, the **emergency number is 144** and can be called at any time in the event of a life-threatening medical emergency. The call is free of charge; however, any medical treatment, ambulance transport or other emergency services provided may be invoiced. In such cases, please also inform the Athletes' Delegate, Leah Bonga, as soon as possible at +41 77 406 71 32.

For any **non-urgent medical consultation**, please contact Leah, who will arrange an appointment during the day with one of our partner medical centres.



The organiser reserves the right to amend certain details announced in this guide. The final information will be provided upon the delegations' arrival and during the technical meeting on Friday.