

2026 FISU World University Championship Powerlifting

26-30 November 2026, Sharjah,

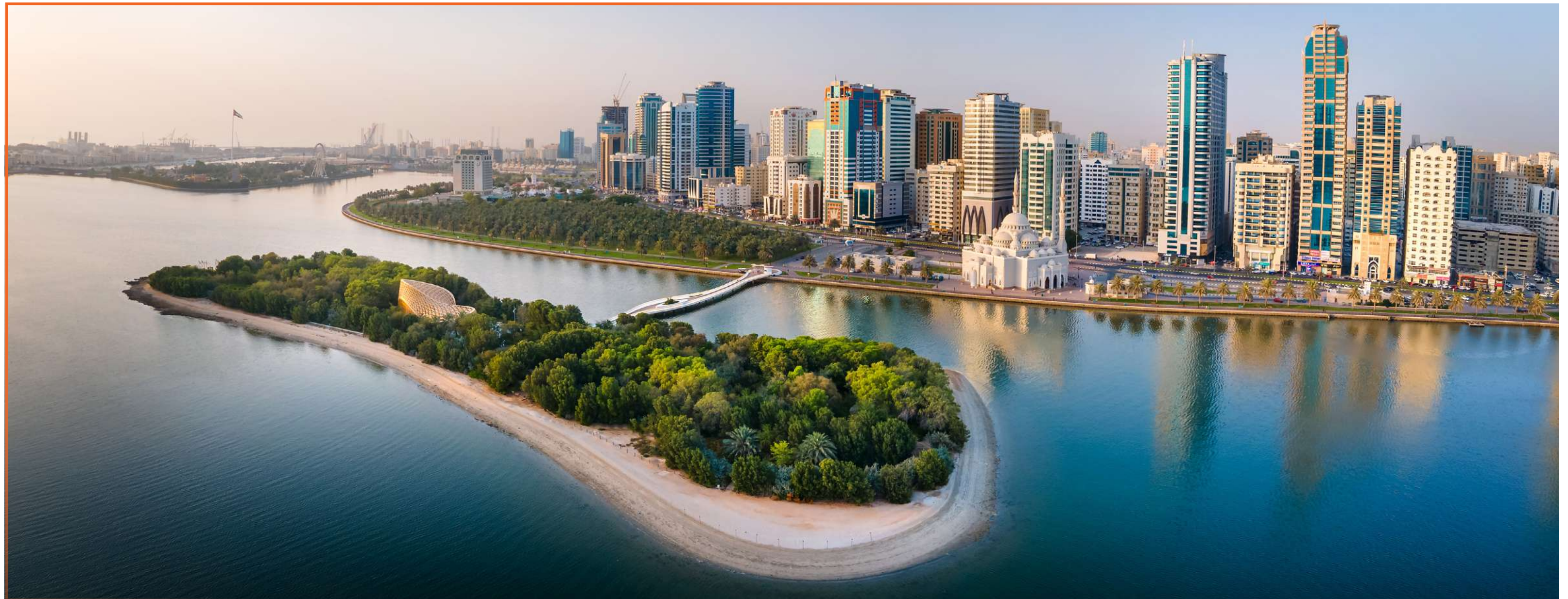


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CHAMPIONSHIP
POWERLIFTING

Sharjah – United Arab Emirates



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Sharjah is one of the seven emirates that make up the UAE, located on the eastern coast of the Arabian Peninsula. It is the third largest emirate in the UAE, after Abu Dhabi and Dubai. Sharjah is known for its rich history and culture, as well as its commitment to preserving its heritage and promoting the arts. It has been named the “Cultural Capital of the Arab World” by UNESCO, in recognition of its efforts to promote Arab culture and heritage. Sharjah is a popular destination for tourists, as it offers a mix of historical, cultural, and natural attractions. It is also a great destination for shopping. The climate in the UAE experiences extremely high temperatures during the summer months, while winter brings cooler and more pleasant weather.

General Information



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Centro Hotel



Located just minutes away from Sharjah International Airport and SAIF Zone. the Centro Hotel offers a comfortable and enjoyable stay. [VISIT HOTEL WEBSITE](#)



Medical Services

First-aid will be provided by the OC, but each participant needs to have their own health insurance, in case any further medical assistance is needed. Tests will be carried out by UAE Anti- Doping Agency throughout the competition.



UoS Dorms



Located within the University of Sharjah campus, the dorm offers a safe and convenient living environment. More than just accommodation, it provides services necessary for your comfort during your stay and a vibrant community experience. With well equipped rooms, study spaces, TV lounges, and multipurpose halls, the dorm is designed for comfort and social engagement.

[VISIT WEBSITE](#)



Transport

Both Sharjah and Dubai airports are official entry points and transportation will be arranged from both. Waiting time at both airports will not exceed one hour. The journey from Sharjah airport to the university dorm will take 10 minutes Max traffic dependant. whereas from Dubai airport it will take 30 minutes. During the competition, university buses will be free of charge for participants holding the 2026 FISU championship powerlifting accreditation card. Accommodation and competition venues are within walking distance, and participants are encouraged to use environmentally friendly transportation throughout the event.



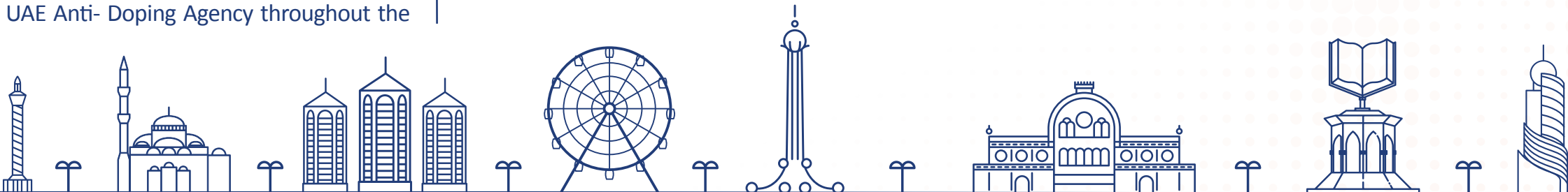
VISA

Requirements for the visa application: A copy of the passport and two high-quality passport photos are required. The UAE Sports Federation will arrange the visa.



Catering

Buffet-style meals (full-board accommodation) will be provided at the UoS dining hall. The menu will be the same for all participants. Refreshments will be available at the competition venue and at all times in the accommodation during the competition days.



Schedule



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Day	Event	Start
Monday 23rd November 2026	Arrivals and Accreditation	Whole day
Tuesday 24th November 2026	Arrivals and Accreditation	Whole day
Wednesday 25th November 2026	Arrivals and Accreditation	12:00
	General Technical Meeting	19:00
	Opening Ceremony	TBD

Day	Weigh-in	Classes	Start
Thursday 26th November 2026	10:00 – 11:30	Women 47 kg Women 52 kg	12:00
	14:00 – 15:30	Men 59 & 66 Kg	16:00
Friday 27th November 2026	08:00 – 09:30	Women 57 kg	12:00
	12:00 – 13:30	Men 74 kg	14:00
	14:00 – 15:30	Women 63 kg	17:00
Saturday 28th November 2026	09:00 – 10:30	Women 70 kg	11:00
	14:00 – 15:30	Men 83 kg	16:00
Sunday 29th November 2026	12:00 – 13:30	Women 76 kg	14:00
	14:00 – 15:30	Men 93 kg	16:00
Monday 30th November 2026	09:00 – 10:30	Men 84 & +84 kg	11:00
	13:00 – 14:30	Men 120 & +120 kg	14:00
	Closing ceremony and Banquet		20:00

Day	Event	Start
Tuesday 1st December 2026	Departures	Whole day



Fees & Eligibility

The cost of participation is €80 per person per day.
Only the athletes who comply with the following conditions may take part in a FISU World University Championship:

- a) Be a national of the country they represent;
- b) Born between January 1, 2001 and December 31, 2008.

The fees for extra official will be €120 per day.



FISU shall receive from each competing country the following FISU registration fees:

- effective member associations of FISU: **20 EUR** per athlete and official
- other associations: **40 EUR**

No payments onsite will be done. HoDs only need to sign the confirmation of the delegation size and FISU will invoice the NUSF at the end of the year.



Registration

Deadlines for registration:

- The general entry is **2**
- The quantitative entry **4 September**.
- The individual entry is **22 November**.

Registration via FISU Accreditation Portal

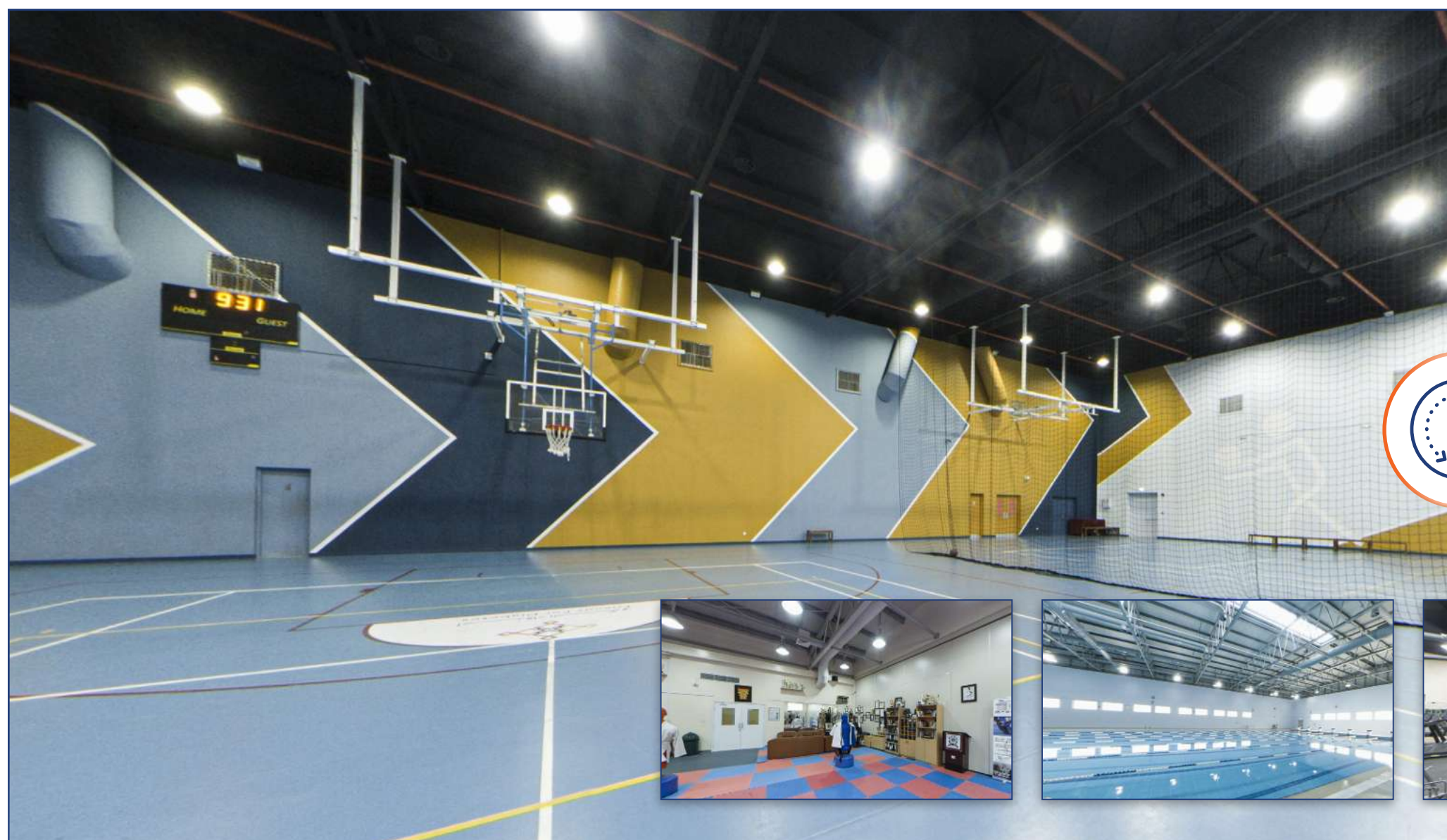


Venue



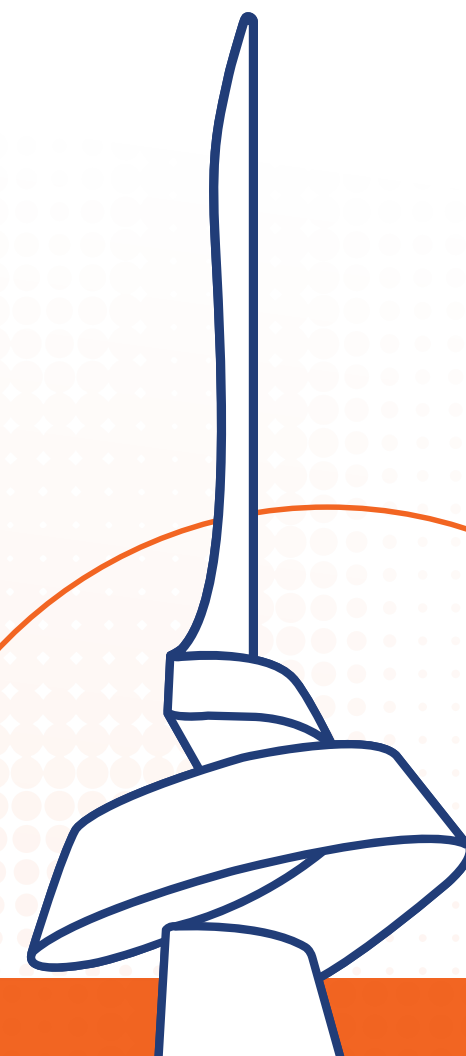
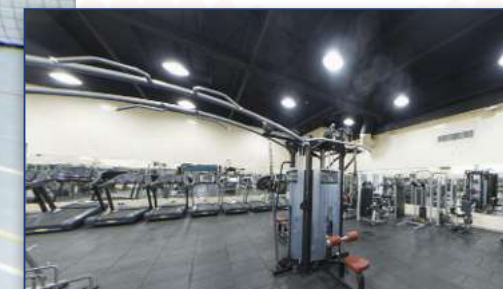
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The sports venue at the University of Sharjah is a modern, well-equipped sport complex with cutting edge infrastructure designed to host national and international events. Dive into the Olympic-size swimming pools, explore the versatile indoor sports halls, and push your limits in the fully equipped gymnasiums. With a diverse array of sports available, from bodybuilding to basketball, volleyball to yoga, there's something for every sports enthusiast to indulge in.



Virtual Tour

[VISIT WEBSITE](#)





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Contacts

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Organiser

University of Sharjah

NUSF

UAE School and University Sports Federation

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For event information, contact us at

<https://powerlifting2026.fisu.net>

Social Media

