

POWER LIFTING

Dinner Menu

Hot Mezze

- Harra shrimp
- Chicken samboosa

Cold Mezze

- Labneh with mint
- Carrot & tahini dip

Salads

- Grilled halloumi & rocket
- Mediterranean couscous salad

Mains

- Lemon herb roasted chicken
- Slow-cooked beef tagine
- Grilled white fish with caper sauce

Sides

- Garlic mashed potato
- Buttered sautéed greens
- Peas Pulao

Desserts

- Date
- Walnut cake

POWER LIFTING

Dinner Menu

Hot Mezze

- Spiced chicken wings
- Lentil Kibbeh

Cold Mezze

- Feta & olive platter
- Hummus

Salads

- Arugula with pomegranate
- Tomato & mozzarella

Mains

- Saffron chicken stew
- Kibbeh Bel Laban
- Hammour fillet with tomato salsa

Sides

- Oriental Rice
- Buttered zucchini & carrots
- Mash Potato

Desserts

- Pistachio & rosewater Basbousa

POWER LIFTING

Dinner Menu

Hot Mezze

- Fish Cutlets
- Chicken kofta skewers

Cold Mezze

- Cold sesame noodles,
- Guacamole and tortilla Chips

Salads

- Spinach & orange salad
- Asian noodle salad

Mains

- Korean fried chicken bites
- Teriyaki beef Noodles
- Baked Fish in Sweet and Sour Sauce

Sides

- Veg Fried rice
- Steamed broccoli & bok choy
- Sweet Potato Wedges

Desserts

- Coconut milk pudding with caramel

POWER LIFTING

Dinner Menu

Hot Mezze

- Baked Halloumi Toast
- Spiced lamb skewers

Cold Mezze

- Veggie Sticks and Ranch
- Spinach feta Bake

Salads

- Roasted pumpkin & feta
- Couscous tabbouleh

Mains

- Lemon thyme roasted chicken
- Grilled beef tenderloin Cubes
- Pan-seared hammour with herb butter

Sides

- Parsley rice
- Sautéed Veggies
- Roast Sweet Potato

Desserts

- Baklava with pistachio

POWER LIFTING

Dinner Menu

Hot Mezze

- Buffalo Chicken bites
- Spicy shrimp skewers

Cold Mezze

- Vine Leaves
- Yogurt cucumber dip

Salads

- Roasted vegetable salad
- Spinach & beetroot salad

Mains

- Herb roasted chicken
- Slow-cooked lamb shank
- White fish with lemon butter sauce

Sides

- Mashed potatoes
- Seasonal vegetables
- Cumin Rice

Desserts

- Almond & honey cake

POWER LIFTING

Dinner Menu

Hot Mezze

- Chicken Tender
- Spiced chicken wings

Cold Mezze

- Labneh with olive oil
- Turmeric Hummus with paprika

Salads

- Arugula & pomegranate
- Roasted vegetable couscous

Mains

- Tandoori chicken
- Beef Penang curry
- Grilled hammour with herb dressing

Sides

- Steamed rice
- Sautéed greens
- Mashed Potato

Desserts

- Mango kulfi

POWER LIFTING

Dinner Menu

Hot Mezze

- Mozzarella Sticks
- Chicken kofta skewers

Cold Mezze

- Greek yogurt & mint dip
- Roasted veg Dip

Salads

- Roasted beet & feta
- Quinoa & avocado salad

Mains

- Lemon garlic roasted chicken
- Irish Beef Stew
- White fish with saffron cream sauce

Sides

- Herb rice
- Sautéed greens
- Roast Potato

Desserts

- Chocolate tart

POWER LIFTING

Dinner Menu

Hot Mezze

- Chicken Satay
- Shish Tawook Skewers

Cold Mezze

- Tzatiki
- Beetroot Hummus

Salads

- Mediterranean couscous salad
- Rocket & pomegranate

Mains

- Chicken Tikka Masala
- Beef Machboos
- Hammour Siyadiéh

Sides

- Herb rice
- Sautéed greens
- Roast Potato

Desserts

- Chocolate tart