



DOHA 2026

FISU
WORLD
UNIVERSITY
CHAMPIONSHIP
WEIGHTLIFTING

08-12
SEPTEMBER
2026





Dr. Ibrahim Al-Naimi **QCSF President & LOC Chairman**

Dear Participants,

It is my pleasure to welcome FISU colleagues, distinguished guests, and participating delegations to Doha as we proudly host the 2026 FISU World University Championship in Weightlifting for the first time in Qatar. This event marks another milestone following our successful hosting of the 2023 FISU University World Cup 3x3 Basketball, reaffirming Qatar's commitment to university sport.

I extend my sincere appreciation to FISU for entrusting the Qatar Collegiate Sports Federation with hosting this prestigious championship, which brings together student-athletes from around the world in the spirit of excellence and fair play.

We are confident that this championship will provide an outstanding sporting environment that promotes competition, friendship, and mutual respect, while offering participants an opportunity to connect, learn, and share unforgettable experiences.

I wish all athletes and delegates every success and a pleasant stay in Qatar, and I hope you enjoy both the competition and our renowned hospitality.



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HOST CITY DOHA

Qatar is one of the most beautiful country in the Middle East, located on the north-eastern coast of the Arabian Peninsula. It shares its only land border with Saudi Arabia and is otherwise surrounded by the Persian Gulf. Covering approximately 11,586 square kilometres, Qatar has a population of about 2,8 million, with a large expatriate community, and ranks among the highest globally in GDP per capita due to its oil and natural gas reserves.

In recent years, Qatar has diversified beyond a commodity-based economy, positioning itself as a leading tourism and global sports hub.

The country has hosted major international events, including the 2005 World Weightlifting Championship, the 2006 Asian Games, 2011 Pan Arab Games, and the 2022 FIFA World Cup, the 9th West-Asian Weightlifting Championship in 2022, the 2023 IWF Weightlifting Grand Prix II and is preparing to host the 2027 FIBA Basketball World Cup.

Doha, the capital and largest city, is known for its modern skyline, advanced infrastructure, and role as a major international transit hub. It is one of the fastest-developing cities in the region and was ranked the second safest city globally in the 2025 Numbeo Crime Index.

Qatar features a flat, arid desert landscape and a desert climate with year-round sunshine.



Official Language:
Arabic and English

Population:
2,858,000

Capital city:
Doha

Currency:
Qatari Riyal (QAR)

Time Zone:
GMT +3

Calling Code:
+0974 /974



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PROVISIONAL SCHEDULE



| | | | | | |
|------------------|-------|---|---|----------|-------|
| Saturday | 05/09 | Arrival of Delegations OPENING OF TRAINING VENUE | | | |
| Sunday | 06/09 | Arrival of Delegations | | | |
| Monday | 07/09 | Technical Meeting & Verification of Final Entries | | | 10:00 |
| | | Technical Officials' Meeting | | | 18:00 |
| | | OPENING CEREMONY | | | TBC |
| Tuesday | 08/09 | Women | B | 49-53 | 9:00 |
| | | Men | B | 60 | 11:30 |
| | | Women | A | 49 | 14:00 |
| | | Men | A | 60 | 16:30 |
| | | Women | A | 53 | 19:00 |
| Wednesday | 09/09 | Men | B | 65-70 | 9:00 |
| | | Women | B | 57 | 11:30 |
| | | Men | A | 65 | 14:00 |
| | | Women | A | 57 | 16:30 |
| | | Men | A | 70 | 19:00 |
| Thursday | 10/09 | Women | B | 61-69 | 9:00 |
| | | Men | B | 75 | 11:30 |
| | | Women | A | 61 | 14:00 |
| | | Men | A | 75 | 16:30 |
| | | Women | A | 69 | 19:00 |
| Friday | 11/09 | Men | B | 85-95 | 9:00 |
| | | Women | B | 77 | 11:30 |
| | | Men | A | 85 | 14:00 |
| | | Women | A | 77 | 16:30 |
| | | Men | A | 95 | 19:00 |
| Saturday | 12/09 | Men | B | 110-110+ | 9:00 |
| | | Men | A | 110 | 11:30 |
| | | Women | A | 86 | 14:00 |
| | | Men | A | 110+ | 16:30 |
| | | Women | A | 86+ | 19:00 |
| CLOSING CEREMONY | | | | TBC | |

COMPETITION SYSTEM



The competitions shall be organised in accordance with the most recent Technical and Competition Rules & Regulations (TCRR) of the International Weightlifting Federation (IWF). The competitions will include the following bodyweight categories:

BODYWEIGHT CATEGORIES (SNATCH / CLEAN & JERK)

| | | | | | | | | |
|---------|------|------|------|------|------|------|-------|--------|
| MEN'S | 60Kg | 65Kg | 70Kg | 75Kg | 85Kg | 95Kg | 110Kg | +110Kg |
| WOMEN'S | 49Kg | 53Kg | 57Kg | 61Kg | 69Kg | 77Kg | 86Kg | +86Kg |

According to the current IWF Technical and Competition Rules & Regulations (TCRR), a delegation may participate with a maximum of sixteen (16) athletes, consisting of up to eight (8) men and eight (8) women. A maximum of two (2) athletes may be entered in each bodyweight category.

Athletes will be awarded for their individual lifts in the Snatch, Clean & Jerk, and Total, with the latter representing the combined best results from both the Snatch and Clean & Jerk. Medals will be presented to the top 3 athletes in each bodyweight category: Snatch, Clean & Jerk, and Total.

All Athletes must satisfy the following conditions:

- Be a national of the country they represent.
- Be at least 18 and no older than 25 years of age on the 31 December of 2026 (i.e., born between 1 January 2001 and 31 December 2008).
- Athletes participating in FISU sport events must represent the same country as in their respective International Federation events.

Classification of Athletes & Teams shall be carried out in accordance with

IWF TCRR 6.8

COMPETITION & TRAINING VENUE



Education City Student Center Multi-Purpose Hall

Education City Student Center Multi-Purpose Hall is a modern, fully equipped indoor venue located in Qatar's Education City, a leading academic and sports hub. Designed to host a wide range of sporting and cultural events, the hall offers a professional competition environment with advanced facilities, spectator seating, and excellent accessibility.

The Education City Student Center is a vibrant, open space welcoming students and visitors alike. Often described as the "living room" of Education City, it is a central gathering place where people connect, relax, and enjoy a variety of dining and leisure options.



REGISTRATION AND FINANCIAL CONDITIONS



The registration process follows six key phases:

1. **General Entry:** 26 March 2026
2. **Quantitative Entry :**25 May 2026
3. **WADA Entry via the ADAMS platform (individually by each athlete):** 8 June 2026

Who uses ADAMS and why?

For athletes ADAMS is used for submitting their whereabouts. ADAMS can also be used for athletes to manage the application and recognition of TUEs.

ADAMS

Based on the IWF Events Eligibility Rules, athletes who wish to participate in IWF events must provide accurate whereabouts information (home address and training location), as set out in Article 5.5.16 of the IWF Anti-Doping Rules, at least three months prior to the event in question. The whereabouts information may be submitted either directly by the athletes or centrally by the Member Federation.

4. **50% Delegation Deposit Payment:** 8 June 2026
5. **Individual Entry:** 8 August 2026

According to the current IWF Technical and Competition Rules & Regulations (TCRR), delegations should select a maximum of ten (10) athletes per gender (eight (8) athletes and two (2) reserve athletes) from the athletes previously registered in the Long List. During the Verification of Final Entries meeting on 7 September 2026, the delegation must confirm and reduce its final team to a maximum of eight (8) athletes per gender.

6. Participation fee balance: Due before the arrival to the event

NUSFs should pay to the OC the full amount of their participation fee by bank transfer before their arrival to the event. During the accreditation process, the OC has the right to claim a proof of payment to all delegations, as well as to complete the total balance of participation fees if there has been any kind of modification in the delegation or in the dates of arrival and/or departure.

The Organizing Committee would like to emphasize the great importance of following the deadline for the entries and payment:

| STAGE | DEADLINE |
|--------------------------------|------------|
| G-Entry | 26.03.2026 |
| Q-Entry | 25.05.2026 |
| WADA entry via ADAMS | 08.06.2026 |
| %50 Deposit Payment | 08.06.2026 |
| I-Entry | 08.08.2026 |
| Full Participation Fee Payment | 22.08.2026 |

REGISTRATION AND FINANCIAL CONDITIONS



All delegations taking part in a FISU World University Championship are required to pay two types of fees:

1-Participation Fee

To be paid to the Organising Committee

€80 per person, per night.

Applies to all accredited members of the delegation (athletes, coaches, officials, etc.)

Extra-Officials requests will be treated case-by-case and relevant conditions will be communicated at a later phase.

Payment Schedule:

Individual Sports:

- %50 of the total amount – due 3 months before the event.
- Remaining %50 – due 1 month before the event

To be paid to the OC

Extra nights before or after the official dates may be charged separately. Contact the OC for confirmation.

All the Participation fee payments should be paid in advance to:

Payment Can Transfer To Following Account:

NAME: QATAR COLLEGIATE SPORT FEDERATION

BANK NAME: MASRAF AL RAYAN-QOC BRANCH

ACCOUNT NO.: 1001-109555-001

IBAN NO.: QA80 MAFR 0000 0000 1001 1095 55001

or Make a cheque payable to

QATAR COLLEGIATE SPORT FEDERATION

2-FISU Registration Fee

To be paid to FISU

This is a mandatory administrative fee that supports FISU services and operations.

- €20 per/person per all the FISU Members (NUSF)
- €40 per/person per all the non-member

This fee is directly charged by FISU to each participating National University Sport Federation.

Other Notes

- Bank Charges: All bank transfer fees must be covered by the delegations.
- Cancellation Policy: Late cancellations or modifications in the delegation composition may result in penalties or loss of deposits as defined in the cancellation policy.



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ACCOMMODATION



Official Hotel - Grand Regency Doha, Trademark Collection by Wyndham

The hotel enjoys a prime location near Doha's major landmarks, traditional souks, and the main business district, offering convenient access to the city's cultural, commercial, and shopping areas.

Limited complementary laundry service will be provided to each participant at the hotel.

CATERING



The Organizing Committee (OC) will arrange full board (three meals daily) for all participants.

Meals for weightlifting competitors will be served in buffet format and will include clearly labeled dishes in English with ingredient details. Halal cuisine only will be provided, with vegetarian and vegan choices available at all meals.



Teams will receive sufficient bottled water during both training and competition sessions.

Each hotel room will also be supplied with two bottles of water per day.

TRANSPORTATION



The Organizing Committee is committed to providing efficient, secure, and convenient transport services to ensure the smooth participation of all teams and delegates in every official activity of the 2026 FISU World University Championship in Weightlifting.

Transportation will be arranged between accommodation sites and all official venues, covering:

- **Arrival and departure days**
- **Daily transfers to and from competition and training venues**

Bus services will operate according to the official competition and training schedule to ensure punctual and reliable transfers for all participants.

Transfer Frequency and Scheduling

Arrival Transfers:

Coordinated based on flight schedules, with ample vehicles allocated to accommodate delegations of all sizes.

Departure Transfers:

Organized according to individual flight times, ensuring participants depart from their hotels 3–2 hours prior to flight departure.

Throughout the championship, dedicated shuttle buses will operate between the official accommodation venues **Grand Regency Doha** and **Education City**, the main competition venue.

These shuttles will run at regular intervals of 45–30 minutes, providing flexible and dependable service for all participants.

MEDICAL



The Organizing Committee will provide first-aid and emergency full compliance with FISU Medical Regulations and will meet all FISU Minimum Requirements. **ASPETAR**, a globally recognized and specialized Orthopaedic and Sports Medicine Hospital, will serve as the main medical care provider throughout the event.

ASPETAR will be the designated hospital for the event.



All participants must have valid travel medical insurance, covering:

- 7/24 Emergency Assistance
- Emergency Medical Expenses
- Medical Evacuation/Repatriation
- Trip Cancellation/Interruption
- Accidental Death or Injury

The OC is solely responsible for providing first aid, emergency medical care, and transportation to the designated hospital. All other medical costs shall be borne by the participant's insurance

LOCAL WEATHER CONDITIONS



During the mid-September, Doha, Qatar typically experiences warm and dry late-summer weather. Average daytime temperatures range between 36°C and 40°C, while evenings are generally milder, around 28°C to 32°C. Humidity levels can vary, but conditions remain mostly sunny with clear skies, offering bright and stable weather throughout the day.

As outdoor conditions can be quite warm, participants are advised to stay hydrated, wear light and breathable clothing, and limit extended exposure to direct sunlight. All competition and training venues, as well as accommodation and transport facilities, are fully air-conditioned to ensure the comfort and well-being of all athletes and guests.

POWER PLUGS & SOCKETS



Qatar uses Type D and Type G electrical sockets, with Type G (the UK's three rectangular pins) being most common, operating on a 240V/50Hz standard; you'll likely need a Type G adapter if coming from North America or other regions, and a voltage converter if your devices are 120-110V (like US/Japan), but check your appliance labels for dual voltage (240-100V) capability.



POLICY OF ENTRY PERMITS AND VISAS



Visitors from various countries are eligible for visa-free entry to Qatar, while others can easily apply via the

[Hayya portal](#)

Visa requirements may vary depending on the nationality of the applicant. It is the responsibility of each delegation to verify the current entry regulations through the Qatari embassy or consulate in their respective country.

For more information on issuing a visa to enter Qatar, please check the following link :

[Visit Qatar](#)

IMMIGRATION

Qatar maintains a number of bilateral visa-exemption agreements. For detailed and up-to-date information on visa-free entry, delegations are advised to consult the official resources of the State of Qatar.

Invitation Letters

To support the visa application process, the Organising Committee will issue official invitation letters to all registered participants. Delegations must submit the required passport information and personal details for all members no later than 8 July 2026.

Entry Point:

The designated entry point for the 2026 FISU World University Championship in Weightlifting is:

Hamad International Airport (HIA)

HIA serves as Qatar's main international gateway, offering world-class facilities and direct connections to over 160 global destinations, ensuring efficient and seamless access to Doha for all participants.

CONTACT US

✉ Official Email: Fisuwl2026@olympic.qa

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